Insider
2017
VU
Class of 2021
Welcome to Vanderbilt’s Extraordinary Family

of scholars, professors, philosophers, and researchers. This university is a very special place devoted to preparing students as leaders and engaged citizens who contribute to society in profound and meaningful ways.

Vanderbilt is a place of discovery and self-discovery. In your new home on The Ingram Commons and across the entire campus, opportunities await in collaborative study and discovery rarely found at the undergraduate level. As you determine your individual path and link your intellectual curiosity and academic talents with the university’s mission of advancing education and research, you’ll discover ways to make valuable contributions to the betterment of our world as you prepare for your future. Immersed in Vanderbilt’s unique interactive learning environment, you’ll have ample opportunities to dive deep within fields of study that define your passion, in addition to embarking on pathways that lead to an even broader, more expansive skillset and perspective.

At Vanderbilt, you’ll be embraced by a sense of connectedness and authentic community as you build lifelong friendships. Here, you’ll find a vibrant diverse culture that values every member of our community, the learning that takes place in our interactions with one another, and how we choose to respond to the world that surrounds and supports us.

I look forward to personally greeting you during Move-In and getting to know you. Congratulations and best wishes as you join us in learning, living, and giving back. We are Vanderbilt for life!

Sincerely,

Nicholas S. Zeppos
Chancellor
GET TO KNOW YOUR Neighborhood
Welcome to The Ingram Commons!

As dean of The Martha Rivers Ingram Commons, it brings me great happiness to welcome you to Vanderbilt University. On The Ingram Commons, you will live and learn among your peers and classmates during your first year. By the time you read this, you’ve already met some of them, and you’ll meet even more in the days ahead. Yet even before you got here, there was already a community of people eagerly waiting to meet you.

These people are scholars, teachers, mentors, advocates, advisers, and counselors. They are your faculty heads of house, your head residents, your resident advisers, your VUceptrors, the dean of students and his staff members, the deans of the four undergraduate colleges and their associates, my colleagues in the dean of The Ingram Commons office, and so many others, too. We have been working together for months now with one purpose in mind: to get you off to the best possible start. We have planned programs, events, seminars, tours, workshops, and, yes, even some old-fashioned fun with you and the Class of 2021.

You were admitted to Vanderbilt because we believe that you are ready for new challenges, and in fact we think you will thrive here. But now that you’ve chosen where you will go to college and are finally here, I’d like to encourage you to start to think more specifically about how you will go to college.

Perhaps you seek to build on your strengths, including the academic interests and extracurricular experiences that made you choose Vanderbilt in the first place. We hope you will, actually; we want to learn from you and the unique insights and talents you bring to our campus. But I also want to encourage you to take advantage of the broad range of opportunities you’ll find here to seek new knowledge and experiences: learning about a culture you’re not familiar with or listening to an entirely new kind of music, or attending a seminar on a topic you know little about, or talking over dinner with someone whose political beliefs are different from yours. One of the many strengths of our great university—and The Ingram Commons in particular—is the community we create and recreate each time we learn from people who aren’t exactly like us.

So, again, I want to ask you to think about how you will be here. This guide, InsiderVU, has been designed to help you in that effort. In these pages, you will learn more about the many resources and opportunities we have to offer you at Vanderbilt and in Nashville. You’ll also learn more about the places and people here in your new home. All of us are so glad you’re finally here, and we’re ready to live and learn together.

Vanessa B. Beasley
Dean of The Ingram Commons,
Associate Professor of Communication Studies, Faculty VUceptror
Your Faculty Heads and Head Residents

**North House**

**FACULTY HEAD OF HOUSE**
Gregory Melchor-Barz  
Associate Dean of The Ingram Commons; Professor of Musicology/Ethnomusicology, Blair School of Music and Professor of Music and Religion, Divinity School

**HEAD RESIDENT**
Lucas Wesoloski ('18)  
College of Arts and Science, Neuroscience

**West House**

**FACULTY HEAD OF HOUSE**
Christoph Zeller  
Associate Professor, German and European Studies, College of Arts and Science

**HEAD RESIDENT**
Elsabet Haile ('18)  
College of Arts and Sciences, Chemistry

**East House**

**FACULTY HEAD OF HOUSE**
Daniel Gervais  
Professor of Law, Vanderbilt Law School; Professor of French, College of Arts and Science

**HEAD RESIDENT**
Emily Thompson ('19)  
School of Medicine, Audiology

**Gillette House**

**FACULTY HEAD OF HOUSE**
Frank Dobson  
Associate Dean of Students

**HEAD RESIDENT**
Katelyn Harris ('18)  
Peabody College, Human and Organizational Development
The Houses

The Ingram Commons opened in fall 2008. It comprises 10 houses with five being part of the historic neighborhood and five being part of the new neighborhood.

The Historic Neighborhood

The buildings in the historic neighborhood were built for what was then the George Peabody College for Teachers, an independent college that merged with Vanderbilt University in 1979.

East, North, and West Houses were originally built in the 1920s, a decade after Peabody College moved to its current location. These were the first dorms on the Peabody campus. Prior to that, students either lived at home or boarded somewhere in the community. However, the rising costs for room and board after World War I prevented many students from attending, which prompted Peabody to build these residence halls. When West Hall opened in 1922, it featured a cafeteria in the basement and was considered a model of luxury. All three halls have been renovated and updated several times.

Memorial House, built in 1935, was partially funded by the United Daughters of the Confederacy (UDC). In 2002, Vanderbilt sought to change the name “Confederate Memorial Hall”; in 2005 a Tennessee Appeals Court ruled that Vanderbilt may not remove “Confederate” from the building pediment unless Vanderbilt repaid the UDC the current value of its original donation. At the time, Vanderbilt chose not to return the donation, which would be a sizeable donation to the UDC. Instead, consistent with the court’s ruling, Vanderbilt renamed the building “Memorial Hall” in all official references and placed “Memorial” nameplates above its entryways. The name “Memorial Hall” is intended to honor all who have lost their lives in all armed conflicts of the United States. The inscription was formally changed in 2017, with the assistance of several anonymous donors whose gifts were designated for this purpose.

Gillette House is named after Frank E. Gillette who was a longtime trustee of Peabody College. Born in Kansas in 1878, he came to Nashville in 1903 and became one of the leading businessmen and investors in town, as well as a generous philanthropist. With interests ranging from agriculture and education to finance and sports, he maintained a farm in Williamson County, won a Nashville golf championship, and also served as trustee of Meharry Medical College, a historically African American medical school in Nashville.
The New Neighborhood

The new neighborhood was constructed between 2005 and 2008 in preparation for the opening of The Ingram Commons in August 2008.

**Crawford House** is named for Frank Armstrong Crawford, the second wife of the Commodore Cornelius Vanderbilt. Her parents, expecting a son, named her before her birth. A Southern socialite, she was 45 years his junior when she married Vanderbilt. She is credited with moving her tightfisted millionaire husband from the North toward his only major philanthropy—giving $1 million to Bishop H. N. McTyeire in 1873 to found a university in the South.

**Hank Ingram House** is named for Orrin Henry (“Hank”) Ingram Sr. Born in Wisconsin in 1904, he moved to Nashville where he established himself as a successful businessman and philanthropist. He served as vice president of the Vanderbilt Board of Trust from 1952 until his death in 1963. His passion for the university inspired his children and their families to build upon his legacy and play key roles in Vanderbilt’s future.

**Murray House** is named for Rev. Walter R. Murray Jr. He and his close friend Perry Wallace were among the university’s first African American undergraduates when they arrived in 1966. Murray became vice president of the Student Government Association, a founder of the Afro-American Student Association, and later was the first African American member of the Board of Trust. He also helped found the Association of Vanderbilt Black Alumni.

**Stambaugh House** is named for John H. Stambaugh, who studied economics at the University of Chicago before taking a post on the White House foreign economics policy desk during the Eisenhower administration. From 1956 to 1962, Stambaugh served as vice chancellor for business affairs at Vanderbilt. In 1964, he persuaded Bronson Ingram, the son of his friend Hank, to invest with him in the Tennessee Book Company, which led to the establishment of Ingram Book Group, a division of Ingram Industries Inc.

**Sutherland House** is named for Earl W. Sutherland Jr., a Nobel Prize winner and professor of physiology at Vanderbilt from 1963 until his death in 1974. He was born in Kansas in 1915 into a family of modest means. In order to pay for his college tuition, Sutherland worked all four years as a medical staff assistant at a local hospital. He received the Nobel Prize in 1971 for his discoveries concerning the mechanisms of the actions of hormones. His work has helped researchers today understand how various hormones exert important functions within organisms.
<table>
<thead>
<tr>
<th>Houses</th>
<th>Humphrey Fellows</th>
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<tbody>
<tr>
<td>Crawford House</td>
<td>Ilaha Rasulova</td>
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<td></td>
<td>Azerbaijan</td>
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<tr>
<td>East House</td>
<td>Mahamout Doud</td>
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<td></td>
<td>Chad</td>
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<td>Gillette House</td>
<td>Alishar Abidjanov</td>
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<td>Uzbekistan</td>
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<td>Hank Ingram House</td>
<td>Sabeen Younas</td>
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<td>Pakistan</td>
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<td>Memorial House</td>
<td>Manabendra Sanyal</td>
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<td>India</td>
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<td>Murray House</td>
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<td>North House</td>
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<td>Ethiopia</td>
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<td>Stambaugh House</td>
<td>Stephen Whyte</td>
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<td>Belize</td>
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<td>Sutherland House</td>
<td>Juan Novoa</td>
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<td>El Salvador</td>
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<td>West House</td>
<td>Armel Bama</td>
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<td>Burkina Faso</td>
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**Humphrey Fellows and Their Houses**

The eleven Humphrey Fellows arrive at Vanderbilt just a week before you do. They are education professionals from all over the world and are here to study at Peabody, gain professional experience, and foster cultural exchange. They are eager to meet students, to share their own culture, and to learn from you. You will have a chance to get to know one of them during programs in your house.

**Writers-in-Residence**

The Writers-in-Residence are a cohort of Vanderbilt graduate students in the M.F.A. creative writing program who are affiliated at large in The Ingram Commons. They are available to work with individual houses on student-centered creative projects and will facilitate discussions and activities related to The Commons Reading (*Strong Inside*) in addition to contributing to all Ingram Commons creative writing workshops. If you are interested in fiction or poetry or just see the value of writing as a creative activity, you will want to participate in programs sponsored by The Ingram Commons’ Writers-in-Residence.
Our Res Ed Staff

“I strongly believe each student holds intrinsic value and has the power to influence The Ingram Commons and the Vanderbilt experience. I enjoy working with my residents, faculty, and residential staff to create a community or environment that will provide everyone with valuable and memorable experiences to be used and cherished beyond The Ingram Commons and Vanderbilt University. I have a passion for traveling, learning, community service, and my dog Cosmo.”

— Jorge J. Wellmann, Area Coordinator for East, Hank Ingram, Memorial, and West

“I am available to talk with you about topics such as your living arrangements, advice on studying, support with a personal issue, and tips on how to make your transition to college successful, or I can connect you to other offices on campus. In my free time, I hike and run trails in the Nashville area, but my true passions are photography and traveling. It’s my goal to see at least one new country each year and, of course, take photos along the way.”

— Toni Viola, Area Coordinator for Gillette, Murray, Sutherland

“I work with the area coordinators on The Ingram Commons to help provide a safe and welcoming environment for your first year at Vanderbilt. I am a graduate of San Diego State University, and have loved my first year here at Vanderbilt. With my passion for music and exploring new places, I have enjoyed checking out all that Nashville has to offer!”

— Debbie Pugliese, Graduate Area Coordinator

“I supervise the area coordinators on The Ingram Commons. In addition I work with the dean of The Ingram Commons staff and the faculty heads of house focusing on the first-year experience. I am originally from Bronx, New York, and slowly migrated to the South by way of Kentucky and Florida prior to moving to Nashville. As an avid quote collector, one of my favorite quotes that I live by reads, ‘Change is inevitable. Growth is optional,’ John C. Maxwell.”

— Nadine De La Rosa, Assistant Director for First-Year Engagement and Community Development

“I enjoy the integration of inside and outside classroom education, along with focusing on student success as you matriculate through the institution but also your success in the workforce after your undergraduate education. In my free time, I enjoy attending concerts, theatre, and ballet performances, along with reading about financial habits, crocheting, and hanging out at local coffee shops. ‘Kitty 4000’ and I are excited to be able to call Nashville home and to be a part of the Commodore community!”

— Lisa Martinson, Area Coordinator for Crawford, North, and Stambaugh

“I am responsible for leadership of the residential staffs that manage The Ingram Commons, Warren and Moore Colleges, Alumni Lawn, and Highland Quadrangle. My role on The Ingram Commons is to provide support to the faculty heads, the area coordinators, and the RA staff. Along with our assistant director, I also serve as liaison between The Ingram Commons and Residential Education. I cannot imagine a better place to live and work thanks to the awesome people, great food, amazing culture, and fabulous shopping!”

— Traci Ray, Director of Residential Education
The Commons Center

Your Neighborhood Hub

Though you may live in one of the ten houses, we are one community, and The Commons Center is the place to meet new people and come together. Here you will find easy access to things that fit your daily needs. You can eat here, hang out with friends, watch TV, study, play the piano, work out, play pool or foosball or table tennis, or check out the many events that happen regularly in the building. You may even find yourself taking a political science course on the third floor.

You can mail your letters from our convenient postal window, or take advantage of the satellite services for first-year students housed in The Commons Center. No matter what brings you to The Commons Center, we hope you will find your place here. Take a chance, sit by a stranger at lunch, or listen to someone playing the piano in the lobby; community is all around you, you just have to join in!

Student Success Services at The Commons Center

The Writing Studio | Room 217
Sunday 1 p.m.–10 p.m.
Monday 3 p.m.–10 p.m.
Tuesday 3 p.m.–10 p.m.

Career Center | Room 217
Monday 11 a.m.–3 p.m.
Tuesday 11 a.m.–3 p.m.
Wednesday 11 a.m.–2 p.m.
Thursday 11 a.m.–7 p.m.
Friday 11 a.m.–5 p.m.

Drop-in Hours
Wednesday 2 p.m.–5 p.m.
Thursdays 2 p.m.–5 p.m.
Fridays 11 a.m.–3 p.m.

STEM Help Desks | Rooms 215/216
Sunday–Thursday 7–9 p.m.
From Sept. 11 through Nov. 30
Courses covered: BSCI 1510, CHEM 1601, MATH 1100, MATH 1200, MATH 1201, MATH 1300, MATH 1301, and PHYS 1601.
(For Help Desks for other STEM courses, see p. 34)

Let’s Talk | Room 215
Thursday 2:30–4:30 p.m.
Informal confidential drop-in consultations with PCC counselors
(For other locations and times, see page 46.)

“I moved from Pittsburgh to Nashville this past summer to join the Career Center at Vanderbilt. During my free time I like to visit the beautiful parks surrounding Nashville, attend concerts, or relax with a book or movie. My goal is to assist you in making the most out of your time at Vanderbilt. I want you to be able to articulate your skills, interests, uncertainties, and desires so that you can make decisions with purpose during this crucial time in your life. Schedule an appointment on DoreWays or come visit during our walk-in hours so we can discover what it is you want, and then find a way to achieve it!”

–Alex Rizzutto, Career Coach, Career Center
Meet the Office of The Dean of The Ingram Commons Staff

Dean Beasley and her staff are located on the second floor in Suite 203 between CASPAR (A&S Pre-Major Advising office) and the Exercise Room. Feel free to drop in with ideas or questions.

“I was born and raised here in middle Tennessee and received my undergraduate degree from Middle Tennessee State University. After working in retail for several years, I joined Vanderbilt in the fall of 2012. I love spending time with friends and family and being outdoors. I enjoy working at Vanderbilt because the students are empowered to succeed by the diverse amount of opportunities they are offered.”

— Jennifer Atwood, Assistant to the Dean

“I have been fortunate enough to be involved with The Ingram Commons since its inception in 2008. The collaboration of faculty, staff, and students is what makes The Ingram Commons such a special place. I enjoy working on programs and events that capture the interests of all first-year students. My hope is that all students feel empowered and at home on The Ingram Commons. In my free time, I love spending time with my family and friends. Nashville is a great city to explore!”

— Christina Bailey, Program Manager

“I am a native New Yorker and moved to Nashville in 1997 to teach at Vanderbilt. Twenty years later I remain committed to this fine university filled with talented students, committed staff, and (cough, cough) brilliant faculty. Being a member of the dean of The Ingram Commons staff allows me to translate my passion for undergraduate education directly to the first-year experience. Vanderbilt is a great university, and it is a terrific place to live and learn.”

— Gregory Melchor-Barz, Associate Dean

“I came to Vanderbilt in 2011 to pursue a master’s degree, fell in love with The Ingram Commons, and never left! Coordinating Vanderbilt Visions and advising VUcept has been one of my favorite parts of my job from the beginning. As the adviser to the Commons Leadership Council, it is my job to help students find their place and make their mark here. I enjoy traveling and playing with my sweet dog Layla. I look forward to meeting you soon!”

— Natalee Erb, Assistant Director of Student Initiatives

“I’m a second-year graduate student in the higher education administration program at Peabody. Originally from Seattle, WA, I graduated from Hamilton College in upstate New York in 2015 with a degree in world politics and sociology (and hope to continue studying sociology next year). In my free time, I am an avid runner and swimmer and travel as much as possible. I am beyond excited to start my second year on The Ingram Commons. I look forward to seeing everyone come out to support their houses while I oversee The Commons Cup!”

— Ben Fields, Graduate Assistant

“Welcome! My name is Michelle, and I am a first-year graduate student at Peabody College, studying higher education administration. I first earned my bachelor’s degree in corporate communications from James Madison University in 2015, and until now I have been working in admissions at a university in Washington D.C. At Vanderbilt, I will be advising first-year honor societies and working with the service commissioners. I’m incredibly excited for all of you and for this journey to begin! Go Dores!”

— Michelle Healey, Graduate Assistant

“I’m originally from southeastern Virginia, and I’ve been fortunate enough to call Middle Tennessee home for the past year. I absolutely love getting to tell people the ‘story’ of The Ingram Commons and residential colleges at Vanderbilt through our communications and social media accounts. The best part about working on The Ingram Commons is getting to know and learn from such talented and passionate students. Advising the 10 house PR chairs has been one of my favorite parts of my job. In addition to working on Team Commons, I am a part-time doctoral student at Peabody College. Outside of work, I love gardening and eating at the many delicious restaurants in Nashville!”

— Elizabeth Scott-Francis, College Halls Program Coordinator
Staying Connected with The Ingram Commons

commons.vanderbilt.edu
The Ingram Commons website is the news, events, and information hub for all first-year students. Here you will find information about Ingram Commons programs, the houses, and their faculty heads. You can also view a photo of and read a brief message from your faculty and student VUceptors.

Special Info for the Class of 2021
This website features a mobile-friendly online version of The Road to Vanderbilt, including recent updates and links that take you directly to the relevant websites. Here you can also check out Many Voices, One VU, a collection of stories from Vanderbilt students and faculty curated by VUcept. These stories provide a window into what you can expect from the next four years along with advice you definitely do not want to miss!

The Ingram Commons on Social Media
Follow The Ingram Commons on Twitter, Snapchat, Instagram, and Facebook to receive updates about what is happening on The Ingram Commons. Become part of the digital community that connects us all, and be sure to use #vu2021!

Connect with VUcept
To hear from current VUceptors about the transition to Vanderbilt and your first semester on The Ingram Commons, check out the VUcept Facebook page at facebook.com/VUcept.

#vu2021

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TheIngramCommons @IngramCommons IngramCommons @IngramCommons
## CommonVU Schedule

Download the Vanderbilt Event Guides app and click the Vanderbilt University First-Year Move-In 2017 Guide to receive important information and alerts related to CommonVU orientation.

### Tuesday, August 15

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 a.m.–Midnight</td>
<td>International Student Move In Day</td>
<td>The Commons Center Atrium</td>
</tr>
<tr>
<td>6:00 p.m.–8:00 p.m.</td>
<td>International Student Pizza and Game Night Social</td>
<td>The Commons Center Living Room</td>
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### Wednesday, August 16

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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>8:00 a.m.–9:00 a.m.</td>
<td>International Student Check-in and Breakfast (Mandatory)</td>
<td>Student Life Center Ballroom</td>
</tr>
<tr>
<td>9:00 a.m.–5:00 p.m.</td>
<td>International Student Orientation: Day 1 (Mandatory)</td>
<td>Student Life Center Ballroom</td>
</tr>
<tr>
<td>6:00 p.m.–8:00 p.m.</td>
<td>International Student Dinner</td>
<td>Student Life Center Ballroom</td>
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### Thursday, August 17

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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:00 a.m.–11:00 a.m.</td>
<td>International Student Resource and Information Fair (Mandatory)</td>
<td>Student Life Center Ballroom</td>
</tr>
<tr>
<td>11:15 a.m.–5:10 p.m.</td>
<td>International Student Orientation: Day 2 (Mandatory)</td>
<td>Various Locations</td>
</tr>
<tr>
<td>5:30 p.m.–7:00 p.m.</td>
<td>Welcome Reception for International Students Living on The Ingram Commons</td>
<td>Dean of The Ingram Commons Residence</td>
</tr>
<tr>
<td>6:30 p.m.–8:00 p.m.</td>
<td>International Student Hangout</td>
<td>The Commons Center, South Patio Lawn</td>
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### Friday, August 18

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>9:30 a.m.–12:10 p.m.</td>
<td>International Student Orientation: Day 3 (Mandatory)</td>
<td>Student Life Center Ballroom</td>
</tr>
<tr>
<td>10:00 a.m. – 2:00 p.m.</td>
<td>For International Students: Culture, Context, and Strategy: Using the Supplement to Strong Inside</td>
<td>Student Life Center Lower Level, Meeting Room 3</td>
</tr>
<tr>
<td>2:15 p.m.–6:00 p.m.</td>
<td>International Shuttle to K&amp;S World Market and Walmart</td>
<td>Shuttles depart from the University Club Parking Lot (Lot 40).</td>
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</table>

This workshop will demonstrate how to use the supplement to *Strong Inside* to develop a deeper understanding of cultural references and historical context, reading comprehension techniques, and practical reading strategies. The skills discussed in this workshop can improve your experience with The Commons Reading and other texts you encounter during the semester. Co-sponsored by the English Language Center and The Ingram Commons.
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<th>Time</th>
<th>Event</th>
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<tr>
<td>4:00 p.m.–5:00 p.m.</td>
<td><strong>Food Allergies and Campus Dining</strong>&lt;br&gt;This meeting is to discuss the allergy-sensitive dining options available on campus.</td>
<td>The Commons Center Dining Hall</td>
</tr>
<tr>
<td>5:30 p.m.–7:30 p.m.</td>
<td><strong>Shabbat Open House at Hillel</strong>&lt;br&gt;Meet Hillel staff and students, and learn about Jewish life on campus. Food will be served and optional services will be offered.</td>
<td>Ben Schulman Center for Jewish Life</td>
</tr>
<tr>
<td>6:30 p.m.–8:30 p.m.</td>
<td><strong>Chabad House Move-In Shabbat</strong>&lt;br&gt;Join us for a Shabbat service followed by a family-style dinner at 7:30 p.m.</td>
<td>Chabad House, 111 23rd Ave. N.</td>
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**Saturday, August 19 • MOVE-IN**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tr>
<td>6:00 a.m.–5:00 p.m.</td>
<td><strong>First Aid Station</strong></td>
<td>The Commons Center, Room 107 and Wyatt Lawn Tent</td>
</tr>
<tr>
<td>7:00 a.m.–11:00 a.m.</td>
<td><strong>Breakfast Available for Purchase</strong>&lt;br&gt;The Commons Center Dining Hall</td>
<td></td>
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<tr>
<td>7:00 a.m.–Noon</td>
<td><strong>Move-In</strong>&lt;br&gt;The Ingram Commons Houses</td>
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<tr>
<td>7:00 a.m.–10:00 p.m.</td>
<td><strong>Shuttles for Move-In Parking Lots</strong>&lt;br&gt;Stops at The Ingram Commons (18th Ave. and Horton Ave.) and Terrace Place Garage</td>
<td></td>
</tr>
<tr>
<td>8:00 a.m.–4:00 p.m.</td>
<td><strong>Commodore Card, the 2017 Newcomer, and InsiderVU Pickup</strong>&lt;br&gt;Pick up InsiderVU and your Vanderbilt Student ID, add funds to your Commodore card, and learn how to link your card with Uber. InsiderVU includes the CommonVU schedule, maps, and information about area shops and restaurants. Also, pick up the 2017 Newcomer (photos and information about the class) and order your Vanderbilt Commodore Yearbook. Additional copies of the Newcomer can be purchased onsite.</td>
<td>The Commons Center, Room 237</td>
</tr>
<tr>
<td>8:00 a.m.–4:00 p.m.</td>
<td><strong>First-Year Package Pickup</strong>&lt;br&gt;Pick up mail packages, online book orders, and dorm supplies pre-ordered from Barnes &amp; Noble. Bring your Vanderbilt ID. Mail packages that are not picked up will be taken back to the Vanderbilt Main Post Office and will be available for pickup on Sunday, August 20. Barnes and Noble pre-orders that are not picked up will be taken back to the Barnes &amp; Noble at Vanderbilt bookstore and will be available for pickup on Sunday, August 20.</td>
<td>Lower Quad Tent</td>
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<tr>
<td>8:00 a.m.–4:00 p.m.</td>
<td><strong>Vanderbilt Main Post Office Open</strong>&lt;br&gt;Rand Hall</td>
<td></td>
</tr>
<tr>
<td>8:00 a.m.–4:00 p.m.</td>
<td><strong>Information and Vendor Booths</strong>&lt;br&gt;Student Accounts, Parents and Families, Van Laundry, VanderBIKES, VUtensils, Vanderbilt IT, area banks, and more.</td>
<td>The Commons Center, 1st and 2nd Floors</td>
</tr>
<tr>
<td>8:00 a.m.–4:00 p.m.</td>
<td><strong>Barnes &amp; Noble Mobile Market</strong>&lt;br&gt;Select dorm supplies will be available for purchase.</td>
<td>Lawn adjacent to Package Tent</td>
</tr>
<tr>
<td>8:00 a.m.–11:00 p.m.</td>
<td><strong>Barnes &amp; Noble at Vanderbilt Bookstore Open</strong></td>
<td>Barnes &amp; Noble, 2525 West End Ave.</td>
</tr>
<tr>
<td>8:00 a.m.–Midnight</td>
<td><strong>Information Desk</strong>&lt;br&gt;The Commons Center Lobby</td>
<td></td>
</tr>
<tr>
<td>8:30 a.m.–11:30 a.m.</td>
<td><strong>For International Students: Intramural Sports Tournament</strong></td>
<td>Meet outside the Student Life Center.</td>
</tr>
<tr>
<td>9:00 a.m.–2:00 p.m.</td>
<td><strong>Shuttles to Campus Bookstore</strong>&lt;br&gt;Shuttles to Barnes &amp; Noble at Vanderbilt will run on the hour.</td>
<td>The Ingram Commons (18th Ave. and Horton Ave.)</td>
</tr>
<tr>
<td>Time</td>
<td>Event</td>
<td>Location</td>
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</tbody>
</table>
| 10:00 a.m.–4:00 p.m. | VUPD Safety Booth  
Vanderbilt police officers will distribute safety information and offer bicycle and laptop registration. Please provide make, model, and serial number for the items being registered. | The Commons Center Lobby                |
| 11:00 a.m.–3:00 p.m. | Lunch Available for Purchase  
The Commons Center Dining Hall | Lunch Available for Purchase  
The Commons Center Dining Hall |
| Noon–1:30 p.m. | For International Students: Lunch with Your Student VUceptor  
The Commons Lawn Tent | For International Students: Lunch with Your Student VUceptor  
The Commons Lawn Tent |
| 2:00 p.m.–3:45 p.m. | University Resources and Services Panel Discussions  
Join student leaders and university representatives for panel discussions and Q&A.  
2:00 p.m.–2:45 p.m. Our New VU  
3:00 p.m.–3:45 p.m. Life after Vanderbilt  
Wyatt Center Rotunda | University Resources and Services Panel Discussions  
Wyatt Center Rotunda |
| 2:30 p.m.–3:30 p.m. | Black Cultural Center Welcome and Reception  
Students and families are invited to learn about the history and purpose of the Bishop Joseph Johnson Black Cultural Center (BCC). This event will include a tour of the facility, a discussion about BCC programming, and a question and answer session. Also during this time, students and families will have the opportunity to meet and greet several of the BCC’s campus partners and student organizations. Open to all.  
Bishop Joseph Johnson Black Cultural Center | Black Cultural Center Welcome and Reception  
Bishop Joseph Johnson Black Cultural Center |
| 4:15 p.m.–5:15 p.m. | Welcome by College and School Deans  
For First-Year Students and Their Families  
A&S: Langford Auditorium  
Blair: Turner Recital hall  
Engineering: Featheringill Hall, Adams Atrium  
Peabody: Wyatt Center Rotunda  
A&S: Langford Auditorium  
Blair: Turner Recital hall  
Engineering: Featheringill Hall, Adams Atrium  
Peabody: Wyatt Center Rotunda | Welcome by College and School Deans  
For First-Year Students and Their Families  
A&S: Langford Auditorium  
Blair: Turner Recital hall  
Engineering: Featheringill Hall, Adams Atrium  
Peabody: Wyatt Center Rotunda |
| 5:30 p.m.–7:30 p.m. | University Resources and Services Fair  
Representatives providing student services from across Vanderbilt will answer your questions one-on-one. Drop in anytime.  
The Commons Center, Room 237 | University Resources and Services Fair  
The Commons Center, Room 237 |
| 5:30 p.m.–6:30 p.m. | House Dinners—Free for Students and Families  
Crawford House: Upper Quad Lawn Tent  
East House: East Lawn Tent  
Hank Ingram House: The Commons Lawn Tent  
North House: West Lawn Tent  
Sutherland House: Upper Quad Lawn Tent  
The Commons Center, Room 237 | Crawford House: Upper Quad Lawn Tent  
East House: East Lawn Tent  
Hank Ingram House: The Commons Lawn Tent  
North House: West Lawn Tent  
Sutherland House: Upper Quad Lawn Tent  
The Commons Center, Room 237 |
| 7:00 p.m.–8:00 p.m. | Gillette House: The Commons Lawn Tent  
Memorial House: East Lawn Tent  
Murray House: Upper Quad Lawn Tent  
Stambaugh House: Upper Quad Lawn Tent  
West House: West Lawn Tent | Gillette House: The Commons Lawn Tent  
Memorial House: East Lawn Tent  
Murray House: Upper Quad Lawn Tent  
Stambaugh House: Upper Quad Lawn Tent  
West House: West Lawn Tent |
| 8:00 p.m.–9:00 p.m. | Religious Services  
Catholic Services at Benton Chapel  
Protestant Services at The Commons Center, Room 237  
Muslim Student Meet and Greet at The Commons Center, Room 211A (Recreation Room)  
8:40 p.m.–9:00 p.m. Jewish Meet and Greet at The Commons Center, Room 233 | Religious Services  
Catholic Services at Benton Chapel  
Protestant Services at The Commons Center, Room 237  
Muslim Student Meet and Greet at The Commons Center, Room 211A (Recreation Room)  
8:40 p.m.–9:00 p.m. Jewish Meet and Greet at The Commons Center, Room 233 |
| 9:30 p.m.–11:00 p.m. | Floor/House-based Community Building (Mandatory)  
New residents meet with floor mates, resident advisers, area coordinators, and faculty heads of house for an overview of house policies and programs.  
The Ingram Commons Houses | Floor/House-based Community Building (Mandatory)  
The Ingram Commons Houses |
### Sunday, August 20 • FIRST-YEAR MEAL PLAN STARTS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 a.m.–8:00 p.m.</td>
<td><strong>Barnes &amp; Noble at Vanderbilt Bookstore Open</strong>&lt;br&gt;If you did not pick up your pre-ordered textbooks on Saturday at The Ingram Commons, please stop by the campus bookstore today. Show your student ID to a bookseller at the online pickup area located on the first level next to the café. We have extended our hours for Sunday, so stop by for all of your Commodore merchandise.</td>
<td>Barnes &amp; Noble, 2525 West End Ave.</td>
</tr>
<tr>
<td>8:00 a.m.–Midnight</td>
<td><strong>Information Desk</strong>&lt;br&gt;The Commons Center Lobby</td>
<td></td>
</tr>
<tr>
<td>8:15 a.m.–10:15 a.m.</td>
<td><strong>Dean’s Reception and Farewell Breakfast</strong>&lt;br&gt;Enjoy breakfast with your student and say goodbye before the start of the student-only part of CommonVU. Arrive early to avoid the crowds.</td>
<td>The Commons Center Dining Hall</td>
</tr>
<tr>
<td>9:00 a.m.–10:30 a.m.</td>
<td><strong>Hillel Bagel Brunch</strong>&lt;br&gt;Ben Schulman Center for Jewish Life</td>
<td></td>
</tr>
<tr>
<td>10:00 a.m.–2:00 p.m.</td>
<td><strong>Commodore Card Office Open</strong>&lt;br&gt;Open for those who wish to add money to their student’s Commodore Card.</td>
<td>184 Sarratt</td>
</tr>
<tr>
<td>10:00 a.m.–4:00 p.m.</td>
<td><strong>Vanderbilt Main Post Office Open</strong>&lt;br&gt;Packages not picked up on Saturday will be available for pickup.</td>
<td>Rand Hall</td>
</tr>
<tr>
<td>10:45 a.m.–12:45 p.m.</td>
<td><strong>Parents and Family Orientation</strong>&lt;br&gt;For Parents and Family Members Only&lt;br&gt;10:45 a.m.–11:20 a.m.: Orientation to The Ingram Commons&lt;br&gt;11:25 a.m.–12:45 p.m.: Health, Safety, and Wellness: Communicating with VU and Your Student&lt;br&gt;Shuttle service available 10:15 a.m.–1:15 p.m. for those needing accommodations. Shuttle stops at The Ingram Commons (18th Ave. and Horton Ave.) and Langford Auditorium.</td>
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</tr>
<tr>
<td>10:45 a.m.–12:45 p.m.</td>
<td><strong>Vanderbilt Visions: Introductions and Expectations:</strong>&lt;br&gt;For Visions Groups 1–46, 86, and 87 (Mandatory)&lt;br&gt;Meet your faculty and student VUceptors, as well as the other members of your group and share lunch. Please arrive on time at your designated area. All groups will move elsewhere after the initial meeting.</td>
<td>Groups 1–23 meet at Peabody Administration Building Lawn&lt;br&gt;Groups 24–46, 86, and 87 meet at Peabody Library Lawn</td>
</tr>
<tr>
<td>10:45 a.m.–12:45 p.m.</td>
<td><strong>Make Your Mark: Class of 2021 T-Shirt Screen Printing:</strong>&lt;br&gt;For Visions Groups 47–85 and 88–92 (Mandatory)&lt;br&gt;First-year students will engage in a hands-on experience by printing their own Class of 2021 house T-shirt. This T-shirt is required for the Class Photo and is your ticket to participate in the Anchor Dash and attend the first home football game.</td>
<td>East Lawn Tent</td>
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**ALL EVENTS BELOW THIS LINE ARE FOR STUDENTS ONLY.**

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<td>Groups 1–23 meet at Peabody Administration Building Lawn&lt;br&gt;Groups 24–46, 86, and 87 meet at Peabody Library Lawn</td>
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<td>East Lawn Tent</td>
</tr>
</tbody>
</table>
### Monday, August 21

**Breakfast is available in The Commons Center and Rand Dining Halls.**

*Blair and Peabody* students are asked to eat at The Commons Dining Hall.  
*Arts & Science and Engineering* students are asked to eat at Rand Dining Hall.

<table>
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<tr>
<th>Time</th>
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</thead>
</table>
| **12:45 p.m.–2:45 p.m.** | **Vanderbilt Visions: Introductions and Expectations:**  
For Visions Groups 47–85 and 88–92 (Mandatory)  
Meet your faculty and student VUceptors, as well as the other members of your group and share lunch. Please arrive on time at your designated area. All groups will move elsewhere after the initial meeting. |  
Groups 47–70 meet at Peabody Administration Building Lawn  
Groups 70–85 and 88–92 meet at Peabody Library Lawn |
| **12:45 p.m.–2:45 p.m.** | **Make Your Mark: Class of 2021 T-Shirt Screen-Printing:**  
For Visions Groups 1–46, 86, and 87 (Mandatory)  
First-year students will engage in a hands-on experience by printing their own Class of 2021 house T-shirt. This T-shirt is required for the Class Photo and is your ticket to participate in the Anchor Dash and attend the first home football game. | East Lawn Tent |
| **11:00 a.m.–Noon or 1:00 p.m.–2:00 p.m.** | **VU Debate Team Interest Meeting**  
Attend the session that does not conflict with your Visions meeting. |  
1801 Edgehill Ave., Room 225 |
| **3:30 p.m.–5:30 p.m.** | **House Meetings and the Community Creed (Mandatory)**  
Meet with your housemates, faculty head of house, and resident advisers to examine the significance of entering a community of scholars, which you will formally do at Founders Walk. | Your RA will notify you where to meet. |
| **6:00 p.m.–7:30 p.m.** | **Founders Walk (Mandatory)**  
This event formally welcomes the first-year class into our community. Each house, led by its faculty head of house and resident advisers and accompanied by VUceptors, will be greeted by students, staff, alumni, and faculty. Speakers include: Chancellor Nicholas S. Zeppos, Provost Susan Wente, Dean of The Ingram Commons Vanessa Beasley, Alumni Association President Perry Brandt, and Vanderbilt Student Government President Jami Cox. | Alumni Lawn |
| **7:30 p.m.–8:30 p.m.** | **Founders Walk Picnic**  
Immediately following Founders Walk, head back to The Commons Lawn for a picnic dinner with your classmates. | The Commons Lawn |
| **9:00 p.m.–11:00 p.m.** | **Floor Meetings with Resident Advisers (Mandatory)**  
Continue to get to know your community. During this time, we establish a floor community charter and discuss opportunities for house leadership through the House Advisory Council. | The Ingram Commons Houses |

### Arts and Science (Mandatory)

<table>
<thead>
<tr>
<th>Time</th>
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</thead>
</table>
| **9:00 a.m.–9:45 a.m.** | **Mandatory Meeting with Dean Lauren A. Benton**  
Remarks by Director of CASPAR, Professor Andrea Hearn | Langford Auditorium |
| **9:45 a.m.–10:00 a.m.** | **Overview of Pre-Major Academic Advising**  
Remarks by Director of CASPAR, Professor Andrea Hearn | Langford Auditorium |
| **10:05 a.m.–10:30 a.m.** | **Student Panel: “If I Knew Then What I Know Now”**  
Moderated by Professor Andrea Hearn | Langford Auditorium |
| **10:45 a.m.–11:45 a.m.** | **For selected students only: AXLE Essay Writing**  
Buttrick Hall 101 | Buttrick Hall 101 |
| **11:30 a.m.–12:30 p.m.** | **Lunch on Your Own**  
The Commons Center and Rand Dining Hall | The Commons Center and Rand Dining Hall |
### BLAIR SCHOOL OF MUSIC (Mandatory)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 a.m.–9:00 a.m.</td>
<td>Meet SEGUE mentors</td>
<td>Ingram Hall Lobby</td>
</tr>
<tr>
<td>9:00 a.m.–9:25 a.m.</td>
<td>Dean’s Welcome</td>
<td>Ingram Hall</td>
</tr>
</tbody>
</table>
| 9:30 a.m.–10:45 a.m. and 10:45 a.m.–Noon | Library Orientation  
Keyboard Harmony Placements  
Individual Practical Study | Meet in Room 2192  
Room 1168 or 1169, as assigned |
| Noon             | Return to The Ingram Commons for lunch on your own and eclipse viewing |                     |

### SCHOOL OF ENGINEERING (Mandatory)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m.–9:45 a.m.</td>
<td>Engineering Dean’s Convocation</td>
<td>Student Life Center Ballroom</td>
</tr>
</tbody>
</table>
| 10:00 a.m.–11:00 a.m. | Group Meeting with Your Faculty Adviser  
Notice of adviser and room assignments have been sent to your Vanderbilt email address. | Featheringill Hall/Stevenson Center |
| 11:00 a.m.–12:30 p.m. | Picnic with Faculty, V-Squared Mentors, and Student Organization Leaders | Featheringill Hall, Adams Atrium |
| 11:00 a.m.–4:30 p.m. | Registration, as needed                     | Featheringill Hall, Room 104  |

### PEABODY COLLEGE (Mandatory)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:30 a.m.–9:00 a.m.</td>
<td>Orientation Registration</td>
<td>Wyatt Center Lobby</td>
</tr>
<tr>
<td>9:00 a.m.–11:45 a.m.</td>
<td>Dean’s Welcome and Academic Information Session</td>
<td>Wyatt Center Rotunda</td>
</tr>
<tr>
<td>11:45 a.m.–12:30 p.m.</td>
<td>Lunch</td>
<td>Wyatt Center Portico</td>
</tr>
</tbody>
</table>
| 12:45 p.m.–1:00 p.m. | Students meet on the Lower Quad Lawn to prepare for Solar Eclipse  
Wear your black Class of 2021 T-shirt, and pick up viewing glasses upon arrival. | Lower Quad Lawn               |
| 1:00 p.m.–1:45 p.m. | Solar Eclipse Viewing Party (Mandatory)  
The first total solar eclipse to sweep across the United States in 99 years will occur on August 21 with Nashville, Tennessee, in its direct path. During the eclipse, the moon will pass in front of the sun, blocking its light for up to two minutes and 42 seconds. We will participate as a class to experience this extraordinary event. | Lower Quad Lawn               |
| 1:45 a.m.–2:15 p.m. | Class Photo (Mandatory)  
Immediately following the solar eclipse, students will remain on the Lower Quad Lawn for a class picture with their viewing glasses. Wear your Class of 2021 T-shirt for this special photo opportunity. | Lower Quad Lawn               |
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
</table>
| 2:15 p.m.–2:45 p.m. | **Pep Rally with Vanderbilt Athletics**  
Join Vanderbilt coaches, the band, Vandy Fanatics, and Mr. C for a pep rally and cool treat. | Lower Quad Lawn                   |
| 4:00 p.m.–7:00 p.m. | **Academic Integrity at Vanderbilt: Honor Code Signing Ceremony and Discussion (Mandatory)**  
Your student VUceptor will give you the precise meeting location. Please arrive on time, as all groups will move elsewhere after the initial meeting. Dinner will be served as part of your rotation. **Note: Please dress up for this special occasion.** | Visions Groups 1–31               |
| 4:15 p.m.–7:15 p.m. | **Academic Integrity at Vanderbilt: Honor Code Signing Ceremony and Discussion (Mandatory)**  
Your student VUceptor will give you the precise meeting location. Please arrive on time, as all groups will move elsewhere after the initial meeting. Dinner will be served as part of your rotation. **Note: Please dress up for this special occasion.** | Visions Groups 47–61 and 78–92     |
| 4:30 p.m.–7:30 p.m. | **Academic Integrity at Vanderbilt: Honor Code Signing Ceremony and Discussion (Mandatory)**  
Your student VUceptor will give you the precise meeting location. Please arrive on time, as all groups will move elsewhere after the initial meeting. Dinner will be served as part of your rotation. **Note: Please dress up for this special occasion.** | Visions Groups 32–46 and 62–77     |
| 8:00 p.m.–9:30 p.m. | **Greek Life Information Session**  
Learn about the Vanderbilt fraternity and sorority community, opportunities for involvement, and benefits of membership. The governing councils (IFC, IGC, NPHC, and Panhellenic) will provide information about their respective councils and will be available to answer questions. | Student Life Center Ballroom       |

**Tuesday, August 22**

**ARTS AND SCIENCE** (Mandatory)

<table>
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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</table>
| 9:00 a.m.–11:45 a.m. | **Group Meetings with CASPAR Academic Advisers**  
You will be notified of the time and location via email. |                                    |

**BLAIR SCHOOL OF MUSIC** (Mandatory)

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>9:00 a.m.–9:45 a.m.</td>
<td><strong>Q&amp;A Session with Academic Advisers, Dean Rose, Professor Jarman, and Mr. Langmesser</strong></td>
<td>Choral Hall</td>
</tr>
</tbody>
</table>
| 9:45 a.m.–10:20 a.m. | **Small Group Meetings with Academic Advisers**  
As assigned by Blair |                                    |
| 10:30 a.m.–11:15 a.m. | **Department Meetings with Faculty**  
As assigned by Blair |                                    |
| 10:15 a.m.–12:30 a.m. | **Lunch with SEGUE Mentors**  
Suzie’s Café at Blair |                                    |

**SCHOOL OF ENGINEERING** (Mandatory)

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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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</table>
| 9:00 a.m.–Noon | **Individual Faculty Adviser Meetings**  
(by appointment as needed)  
Faculty Adviser’s Office |                                    |
| 10:00 a.m.–10:30 a.m. | **Overview for Advanced Placement Credit**  
Featheringill Hall, Room 134 |                                    |
| 10:15 a.m.–12:30 a.m. | **True Life Presentation and Discussion: Visions Groups 1-46 and 52 (Mandatory)**  
This program is designed and presented by VUceptor to honestly examine questions of identity, social integration, and wellness by presenting situations that real Vanderbilt students have faced. Afterwards, groups will reflect on the stories and discuss their shared responsibility to engage in strengthening the Vanderbilt community. | Langford Auditorium               |
| 10:30 a.m.–12:30 a.m. | **True Life Presentation and Discussion: Visions Groups 47–51 and 53–52 (Mandatory)**  
This program is designed and presented by VUceptor to honestly examine questions of identity, social integration, and wellness by presenting situations that real Vanderbilt students have faced. Afterwards, groups will reflect on the stories and discuss their shared responsibility to engage in strengthening the Vanderbilt community. | Neely Auditorium                  |

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<tr>
<th>Time</th>
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</table>
| 2:00 p.m.–3:00 p.m. | **Theatre Department Ice Cream Socials:**  
For Students in Visions Groups 47–51 and 53–52  
The event is open to anyone who would like to learn about the Theatre Department and/or auditions for fall productions. Auditions will take place on Wednesday, August 23 and Thursday, August 24 from 4–6 p.m. and 7–9 p.m. both days. | Neely Auditorium                  |

(More information will be available on these auditions on the Theatre Department website beginning in early August.)
<table>
<thead>
<tr>
<th>Time</th>
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</tr>
</thead>
</table>
| 4:00 p.m.–6:15 p.m. | **True Life Presentation and Discussion:**  
Visions Groups 47-51 and 53-92 (Mandatory)  
This program is designed and presented by VUcept to honestly examine questions of identity, social integration, and wellness by presenting situations that real Vanderbilt students have faced.  
Afterwards, groups will reflect on the stories and discuss their shared responsibility to engage in strengthening the Vanderbilt community.  
**Langford Auditorium** |  
| 4:30 p.m.–6:00 p.m. | **Dinner Hours for Students in Visions Groups 1-46 and 52** |  
| 5:00 p.m.–6:00 p.m. | **Theatre Department Ice Cream Socials:**  
For Students in Visions Groups 1-46 and 52  
The event is open to anyone who would like to learn about the Theatre Department and/or auditions for fall productions. Auditions will take place on Wednesday, August 23 and Thursday, August 24 from 4–6 p.m. and 7–9 p.m. both days.  
**Neely Auditorium**  
(More information will be available on these auditions on the Theatre Department website beginning in early August.) |  
| 6:00 p.m.–7:30 p.m. | **Dinner Hours for Students in Visions Groups 47–51 and 53-92** |  
| 8:00 p.m.–9:00 p.m. | **Academic Night: Professors in the House (Mandatory)**  
Meet with professors and housemates from your college or school. This event offers an opportunity for an informal Q&A with a professor to learn more about academic life.  
**The Ingram Commons Houses**  
(You will be notified of the location via email.) |  

**Wednesday, August 23 • CLASSES START**

<table>
<thead>
<tr>
<th>Time</th>
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<th>Location</th>
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</thead>
</table>
| 5:30 a.m.–7:00 a.m. | **First-Year Sunrise**  
Every year on the first day of class, first-year students gather to watch the sunrise over the Vanderbilt community. Join your classmates to commemorate the bright beginning of your time together.  
**The Commons Lawn** |  
| 11:00 a.m.–1:00 p.m. | **Writing Studio Open House**  
Make a successful transition from high school writing to college writing. Drop by the Writing Studio Open House to meet our writing consultants and learn how we can help you.  
**The Commons Center Atrium** |  
| 2:00 p.m.–4:00 p.m. | **Career Center Ice Cream Social**  
Come cool off with the Career Center and Jeni’s Splendid Ice Creams.  
**The Commons Center Atrium** |  

**Thursday, August 24**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</tr>
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<tbody>
<tr>
<td>8:00 p.m.–9:30 p.m.</td>
<td><strong>Dessert Reception for Hank Ingram, Memorial, and Stambaugh Houses</strong></td>
<td><strong>Dean of The Ingram Commons Residence</strong></td>
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### Friday, August 25

<table>
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<th>Time</th>
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<tbody>
<tr>
<td>3:00 p.m.–6:00 p.m.</td>
<td><strong>Student Involvement Fair</strong>&lt;br&gt;Discover opportunities to get involved by connecting with over 300 student organizations and university programs.</td>
<td>Vanderbilt Health and Wellness Center Fieldhouse</td>
</tr>
<tr>
<td>7:00 p.m.–9:00 p.m.</td>
<td><strong>Vanderbilt's Performing Arts Community Presents SPOTLIGHT</strong>&lt;br&gt;Vanderbilt students present an evening of dance, comedy, music, and theatre. Seating is limited, so arrive early.</td>
<td>Langford Auditorium</td>
</tr>
<tr>
<td>9:30 p.m.–Midnight</td>
<td><strong>VPB Palooza</strong>&lt;br&gt;The Vanderbilt Programming Board’s signature event will provide a night of entertainment and free food. You will also learn about all the programs the Vanderbilt Programming Board offers.</td>
<td>Student Life Center Ballroom</td>
</tr>
</tbody>
</table>

### Saturday, August 26

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:30 p.m.–2:00 p.m.</td>
<td><strong>Alcohol Awareness and Community Responsibility (Mandatory)</strong>&lt;br&gt;East House, Hank Ingram House, North House, Stambaugh House, and West House</td>
<td>You will be notified of the location via email.</td>
</tr>
<tr>
<td>2:30 p.m.–4:00 p.m.</td>
<td><strong>Alcohol Awareness and Community Responsibility (Mandatory)</strong>&lt;br&gt;Crawford House, Gillette House, Memorial House, Murray House, and Sutherland House</td>
<td>You will be notified of the location via email.</td>
</tr>
<tr>
<td>8:00 p.m.–10:30 p.m.</td>
<td><strong>Class of 2021 Celebration (Mandatory)</strong>&lt;br&gt;<em>Hosted by VUceptors and The Ingram Commons Resident Advisers</em>&lt;br&gt;Join your classmates for a special party at Nashville’s famous Frist Center.</td>
<td>The Frist Center for the Visual Arts, Downtown Nashville</td>
</tr>
<tr>
<td>9:30 p.m.–Midnight</td>
<td><strong>Commons Glow Celebration After Party</strong>&lt;br&gt;<em>Brought to you by the Multicultural Leadership Council</em>&lt;br&gt;Live DJ, glow sticks, black lights, and dancing!</td>
<td>The Commons Center, Room 237</td>
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</table>

### Sunday, August 27

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>1:00 p.m.–2:00 p.m.</td>
<td><strong>The Commons Addresses Sexual Violence (Mandatory)</strong>&lt;br&gt;Join your house community to learn more about Vanderbilt’s resources designed to prevent and address sexual violence, including stalking, intimate partner violence, and sexual assault, and how you can get involved on campus to help eliminate power-based personal violence.</td>
<td>Student Life Center Ballroom. Your RA will inform you where and when to meet.</td>
</tr>
<tr>
<td>2:30 p.m.–3:30 p.m.</td>
<td><strong>East, Murray, Sutherland, West</strong>&lt;br&gt;Hank Ingram, Memorial, Stambaugh</td>
<td></td>
</tr>
<tr>
<td>4:00 p.m.–5:00 p.m.</td>
<td><strong>Crawford, Gillette, North</strong></td>
<td></td>
</tr>
<tr>
<td>Time</td>
<td>Event</td>
<td>Location/Details</td>
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<tr>
<td>5:00 p.m.–6:30 p.m.</td>
<td><strong>Project I Am Reception</strong>&lt;br&gt;Everyone is invited to join Project I Am’s mixer to learn about the organization and how to get involved. Project I Am seeks to ease the transition into college for students of color (Black, Hispanic, Asian, etc.) by providing them with mentors and personal and professional workshop and networking opportunities. Food will be served.</td>
<td>Dean of The Ingram Commons Residence</td>
</tr>
<tr>
<td>6:00 p.m.–7:00 p.m.</td>
<td><strong>The Vanderbilt Hustler Info Session</strong>&lt;br&gt;Join us to learn about Vanderbilt’s student news source and the variety of opportunities for you to get involved. Learn about Vanderbilt, serve the campus community, gain valuable skills, and have fun!</td>
<td>The Commons Center. Room 233</td>
</tr>
<tr>
<td>6:00 p.m.–7:30 p.m. or 7:30 p.m.–9:00 p.m.</td>
<td><strong>House Advisory Council Interest Meeting</strong>&lt;br&gt;Students interested in obtaining a position on their House Advisory Council (president, vice president, public relations chair, floor representative, or service commissioner) must attend one of these meetings in order to be eligible to participate. (See page 55 for more information.)</td>
<td>The Commons Center. Room 235/237</td>
</tr>
<tr>
<td><strong>Monday, August 28</strong></td>
<td>7:00 p.m.–9:00 p.m. <strong>Intercultural Greek Council Presents: Taste of IGC</strong>&lt;br&gt;Come learn about the Intercultural Greek Council sororities and explore how to become a part of this Greek Life experience!</td>
<td>The Commons Center. Room 235/237</td>
</tr>
<tr>
<td>8:00 p.m.–9:30 p.m.</td>
<td><strong>Dessert Reception for Crawford, Gillette, and North Houses</strong></td>
<td>Dean of The Ingram Commons Residence</td>
</tr>
<tr>
<td><strong>Tuesday, August 29</strong></td>
<td>7:00 p.m.–9:00 p.m. <strong>Lambda Cupcake Social</strong>&lt;br&gt;Enjoy FREE cupcakes (including gluten-free and vegan options) and wonderful company as we kick off the new school year! Come meet the new executive board and learn about the Lambda Association. All are welcome to join in the food and fun!</td>
<td>Sutherland House Lobby</td>
</tr>
<tr>
<td>7:00 p.m.–9:00 p.m.</td>
<td><strong>National Pan-Hellenic Council (NPHC) Greek Mystique</strong>&lt;br&gt;Join us to learn about the historically black fraternities and sororities on campus.</td>
<td>The Commons Center, Room 237</td>
</tr>
<tr>
<td><strong>Sunday, September 3</strong></td>
<td>11:00 a.m.–4:00 p.m. <strong>Interfraternity Council Open ‘Dores Recruitment Registration and Open Houses</strong>&lt;br&gt;Learn about our IFC fraternity chapters and register for the recruitment process. After the presentation and registration at 11:00 a.m., attendees will be divided into rotating groups to give you a chance to visit every fraternity and meet its members.</td>
<td>Student Life Center Ballroom</td>
</tr>
<tr>
<td>Noon–3:00 p.m.</td>
<td><strong>Free Shuttle to Target Store</strong>&lt;br&gt;<em>Sponsored by Vanderbilt Student Government.</em>&lt;br&gt;A shuttle will depart every 30 minutes and return every 30 minutes with the last shuttle leaving the store at 3:00 p.m.</td>
<td>Pick up at The Ingram Commons (18th Ave. and Horton Ave.)</td>
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<tr>
<td>Time</td>
<td>Event</td>
<td>Location</td>
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<tr>
<td>1:00 p.m.–4:00 p.m.</td>
<td><strong>BSA Back-to-School Carnival</strong>&lt;br&gt; The Black Student Association is hosting a carnival that will feature free food from numerous food trucks, games and water games, a DJ, and so much more.</td>
<td>Alumni Lawn</td>
</tr>
<tr>
<td>2:00 p.m.–6:00 p.m.</td>
<td><strong>Religious Life Open House</strong></td>
<td>Office of the University Chaplain and Religious Life</td>
</tr>
<tr>
<td>3:00 p.m.–5:00 p.m.</td>
<td><strong>Panhellenic Recruitment Registration</strong>&lt;br&gt; Learn about the Panhellenic recruitment process and register for recruitment.</td>
<td>Student Life Center Ballroom</td>
</tr>
<tr>
<td>8:00 p.m.–9:00 p.m.</td>
<td><strong>The Road to Leadership</strong>&lt;br&gt; <em>Hosted by Vanderbilt Student Government</em>&lt;br&gt; Join a panel discussion with upperclass students about their journeys to campus leadership, followed by a Q&amp;A. Representatives from programming, the arts, Greek life, student government, religious life, and multicultural organizations will be present.</td>
<td>The Commons Center, Room 237</td>
</tr>
<tr>
<td><strong>Tuesday, September 5</strong></td>
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<tr>
<td>Preparing for a Career in the Health Professions&lt;br&gt; Your preparation for a career as a physician, nurse, dentist, vet, or other health professional begins as an undergraduate. If you’re interested in the health care field, please plan to attend one of these sessions.</td>
<td>The Commons Center, Room 237</td>
<td></td>
</tr>
<tr>
<td>6:30 p.m.–7:30 p.m.</td>
<td>Students in <strong>Gillette, Murray, North, Stambaugh, and Sutherland</strong></td>
<td></td>
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<tr>
<td>7:45 p.m.–8:45 p.m.</td>
<td>Students in <strong>Crawford, East, Hank Ingram, Memorial, and West</strong></td>
<td></td>
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<tr>
<td><strong>Wednesday, September 6</strong></td>
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<tr>
<td>8:00 p.m.–9:30 p.m.</td>
<td><strong>Dessert Reception for East, Murray, Sutherland, and West Houses</strong></td>
<td>Dean of The Ingram Commons Residence</td>
</tr>
<tr>
<td><strong>Thursday, September 7</strong></td>
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<tr>
<td>1:00 p.m.–3:00 p.m.</td>
<td><strong>Library Open House</strong>&lt;br&gt; Cool off in the Central Library with an ice cream sundae from Ben and Jerry’s. Meet the librarians to learn about the amazing resources available to you for your research and information needs.</td>
<td>Central Library, Community Room</td>
</tr>
<tr>
<td>2:00 p.m.–4:30 p.m.</td>
<td><strong>Service Organization Fair</strong>&lt;br&gt; Discover ways to get involved by connecting with 50 student-led service organizations and 30 local nonprofits.</td>
<td>Student Life Center Ballroom</td>
</tr>
<tr>
<td>5:00 p.m.–8:00 p.m.</td>
<td><strong>Welcome to Nashville Fair</strong>&lt;br&gt; Over 30 local businesses will be available to showcase their products and services at this fun-filled event. Vendors will have flyers, product samples, food, prizes, and more. This event is free.</td>
<td>The Commons Center, Room 235/237</td>
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<tr>
<td><strong>Friday, September 8</strong></td>
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<tr>
<td>5:00 p.m.–7:00 p.m.</td>
<td><strong>Kickoff Cookoff</strong>&lt;br&gt; One of the largest student-run philanthropy events at Vanderbilt kicks off football season with live music and food from local restaurants. All proceeds of merchandise and ticket sales benefit the Fannie Battle Day Home, Nashville’s oldest childcare center.</td>
<td>Alumni Lawn</td>
</tr>
</tbody>
</table>
Saturday, September 9

1:15 p.m.  Anchor Dash Tailgate Party
Each year the incoming class and new transfer students participate in this tailgate before leading the Commodore football team onto the field for our nationally televised first home game.

Vanderbilt Recreation and Wellness Center Fieldhouse

Wednesday, September 20

2:00 p.m.–6:00 p.m.  Diverse ‘Dores Day
Explore some of the Vanderbilt diversity offices. Free food, music, office tours, and activities will be open to all students. If you visit all participating offices, you can snag a free T-shirt! For more information, visit facebook.com/diversedores.

Participating offices include: Bishop Joseph Johnson Black Cultural Center, Center for Student Wellbeing, Office of LGBTQI Life, International Student and Scholar Services, Office of the University Chaplain and Religious Life, Transition Programs, Margaret Cuninggim Women’s Center, Project Safe Center, Inclusion Initiatives and Cultural Competence

September 22–25

Fall Weekend of Service
You can join hundreds of other students, staff, and faculty across Vanderbilt and volunteer to serve the Nashville community. Learn about needs in our city and meet people while doing it. To find out more, visit vanderbilt.edu/oacs

Various Locations
Vanderbilt Visions begins during CommonVU and meets on Mondays or Tuesdays during the semester until Thanksgiving break. A syllabus organizes the activities and discussions designed to help group members to explore the transition they experience moving from high school to college.

Visions gives you the opportunity to meet people from other houses and floors starting on your first day. Your Visions experience will also allow you to ask for support or raise questions as a group you might not want to discuss with your professors or other upperclass students outside of Visions. Visions groups provide space for honest conversations about the social and academic challenges of your first semester and help you discover how you can be happy and successful. Being in Visions will also make you aware of the many resources that can support you academically, socially, emotionally, and spiritually.

In the second half of the semester, you will have the opportunity to participate in special Resource Orientation Sessions providing you with the chance to engage in exercises that will expose you to resources designed to help you succeed at Vanderbilt.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>August 20</td>
<td>Introductions and Expectations (See CommonVU schedule page 17)</td>
</tr>
<tr>
<td>August 21</td>
<td>Academic Integrity at Vanderbilt (See CommonVU schedule page 20)</td>
</tr>
<tr>
<td>August 22</td>
<td>True Life: I Go to Vanderbilt (See CommonVU schedule pages 20-21)</td>
</tr>
<tr>
<td>August 23</td>
<td>Classes start</td>
</tr>
<tr>
<td>August 28–29</td>
<td>Nashville and Vanderbilt History</td>
</tr>
<tr>
<td>September 4–5</td>
<td>Storytelling and Identity</td>
</tr>
<tr>
<td>September 11–12</td>
<td>Difference and/in Community</td>
</tr>
<tr>
<td>September 15–17</td>
<td>FAMILY WEEKEND</td>
</tr>
<tr>
<td>September 18–19</td>
<td>Resilience</td>
</tr>
</tbody>
</table>
| September 24 | 11th Annual Lawson Lecture  
Langford Auditorium, 7:00 p.m.  |
| October 2–3   | From Then to Now                                                      |
| October 9–10  | Enriching Your Vanderbilt Experience                                 |
| October 12–13 | FALL BREAK                                                           |
| October 16–17 | Resource Orientation Session                                        |
| October 23–24 | Reflections on the First Eight Weeks                               |
| October 30–31 | Resource Orientation Session                                        |
| November 6    | Evening with the Chancellor                                          |
| November 13–14 | Groups 1–46  5:30–6:30 p.m.                                          |
| November 18–26 | Groups 47–92  7:00–8:00 p.m.                                         |
| November 18–26 | Capstone                                                             |

Thanksgiving BREAK
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>August 27</td>
<td>House Advisory Council Interest Meeting</td>
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<tr>
<td>September 9</td>
<td>VU Football v. Alabama A&amp;M</td>
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<tr>
<td>September 11</td>
<td>Town Hall Meetings for CLC Elections</td>
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<tr>
<td>September 14</td>
<td>Undergraduate Research Fair &amp; Poster Session</td>
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<tr>
<td>September 15-17</td>
<td>HISPANIC HERITAGE MONTH</td>
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<td>September 15</td>
<td>Fall for the Arts</td>
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<tr>
<td>September 16</td>
<td>VU Football v. Kansas State</td>
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<tr>
<td>September 20</td>
<td>Diverse ‘Dores Day</td>
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<tr>
<td>September 21</td>
<td>Chem 1601 Exam</td>
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<tr>
<td>September 22-25</td>
<td>OACS Fall Weekend of Service</td>
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<tr>
<td>September 22</td>
<td>Lights on the Lawn</td>
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<tr>
<td>September 23</td>
<td>VU Football v. Alabama</td>
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<tr>
<td>September 23</td>
<td>The Venue Presents: Live on The Commons</td>
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<tr>
<td>September 24</td>
<td>PREVAIL: Women’s Leadership Conference</td>
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<td>September 24</td>
<td>Lawson Lecture</td>
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<td>September 29</td>
<td>CLC Training</td>
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<tr>
<td>October 5-7</td>
<td>HOMECOMING</td>
</tr>
<tr>
<td>October 5-7</td>
<td>Calc (Math 1300) Exam</td>
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<tr>
<td>October 5</td>
<td>Commodore Quake</td>
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<tr>
<td>October 7</td>
<td>VU Football v. Georgia</td>
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<td>October 8</td>
<td>Commons Cup Ultimate Frisbee Tournament</td>
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<tr>
<td>October 11</td>
<td>National Coming Out Day</td>
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<tr>
<td>October 12-13</td>
<td>FALL BREAK</td>
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<tr>
<td>October 15-21</td>
<td>Commons Unplugged Week</td>
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<tr>
<td>October 19</td>
<td>Commons Unplugged Green Forum</td>
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<tr>
<td>October 19</td>
<td>Chem 1601 Exam</td>
</tr>
<tr>
<td>October 21</td>
<td>Commons Reading Rolling Seminar: North Nashville Tour</td>
</tr>
<tr>
<td>October 21</td>
<td>Commons Unplugged Green Activity</td>
</tr>
<tr>
<td>October 26</td>
<td>Crawford Lecture</td>
</tr>
<tr>
<td>October 29</td>
<td>Commons Cup Kickball Tournament</td>
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</tbody>
</table>
Take Charge
OF YOUR ACADEMIC SUCCESS
Tips on How to Succeed Academically

1. Like, Actually Go to Class
Going to class may seem like a no-brainer, since you’ve likely been doing that without any apprehension for your entire school career. You might be surprised how easy it becomes to miss class. And it can quickly become a hard habit to break. Skipping class is like a stomach wound: it kills you, but very slowly and very painfully. So, actually get out of bed and go! It’s the easiest way to start earning a good grade and meeting other students.

2. Go to Office Hours
Office hours can be incredibly helpful, but students are often hesitant to attend. Even if you don’t have a question that pertains directly to the class, your professors will be happy to see you. You can ask them about problems that you are struggling with, or discuss a topic you found particularly interesting. Also, communicate clearly with your professors. If you have to miss a class, let them know. Professors are understanding people, but they’re not going to understand if you’re being cagey and weird.

3. Manage Your Time
You can accomplish more than you might think, as long as you learn to manage your time. Busy does not necessarily mean effective time management. Set a specific time for everything that you do, including homework. Even if you’re not a “schedule person,” try it out. If you have a detailed schedule, and you stick to it, you’re going to be amazed with what you get done. TV, video games, Facebook, and Netflix are beautiful things, so set aside time for them, just not too much time.

4. Work with Other Students
Nothing reinforces what you just learned as well as teaching it to someone else. Working in groups has many advantages. If you work with the right people, they can help you stay focused and on task. You can bounce ideas off of each other, and if one of you understands a topic well, you can help the others. People from other schools are often surprised by how supportive Vandy students are of each other. Use that to your advantage. It doesn’t matter if you’re talking about poetry or mitosis. Discussions help you learn.
Find the Perfect Study Spaces

... across Campus

STUDY SPACE KEY:

Noise Level
Projector Available
Printer Available
White Board Available
Crowdedness

1. Wilson Hall
   Mon – Fri 6:30 am – 1 am

2. Vanderbilt Law School
   Mon – Fri 7 am – 6 pm
   Closed Sat – Sun

3. Alumni Hall
   Mon – Sun 24/7

4. Sarratt Classrooms
   Mon – Sun 24/7

5. Baseball Glove Lounge
   Mon – Sun 24/7

6. Buttrick Hall
   Mon – Sun 6:30 am – 1 am

7. Branscomb Lounge
   Mon – Sun 24/7

8. Featheringill Hall*
   Mon – Sun 24/7

9. Stevenson Library
   Mon – Thurs 24/7
   Fri 11 am – 9 pm
   Sat 9 am – 9 pm
   Sun 9 am – 12 am

10. Central Library
    Mon – Thurs 7:30 am – 12 am
    Fri 7:30 am – 9 pm
    Sat 10 am – 9 pm
    Sun 10 am – 12 am

11. Biomedical Library
    Mon – Thurs 8 am – 10 pm
    Fri 8 am – 6 pm
    Sat 1 pm – 6 pm
    Sun 1 pm – 10 pm

12. Commons Center
    Mon – Sun 24/7

13. Wyatt Center
    Mon – Sun 8 am – 6 pm

14. Cohen Memorial
    Mon – Sun 7 am – 12 am

15. Peabody Library
    Mon – Thurs 7:30 am – 12 am
    Fri 7:30 am – 9 pm
    Sat 10 am – 9 pm
    Sun 10 am – 12 am

16. Blair School Music Library
    Mon – Thurs 8 am – 10 pm
    Fri 8 am – 6 pm
    Sat Closed
    Sun 2 pm – 10 pm

Upstairs Rand is a good, quiet place to study in the evenings, but electric outlets are scarce, so come with a fully charged laptop.

You can access any A&S class building with your Commodore Card and grab a quiet room to study.

Stevenson Library is 24 hours, but I don’t encourage taking advantage of the plethora of all-nighter opportunities this may offer.

Stevenson Science and Engineering Library

Map created by the HOD Project Group L’DOnate, Class of 2017. (Anna Gruber, Ethan Lebowitz, Daniel Rubin, Tori O’Connor, Olivia Benjamin, Nina Loy, Lauren Pak)

Computer Labs

its.vanderbilt.edu/helpdesk/labs

Locations in Garland Hall, Hobbs Lab, Stevenson Center, Wilson Hall, and the Wyatt Center offer Internet access, printing, and useful software. In addition, there are computers in all libraries and laptops for checkout.

Print Stations

Print stations are conveniently located throughout the campus, including The Commons Center, Sarratt, and the libraries. You can use your Commodore Card to pay.
Jean and Alexander Heard Libraries

library.vanderbilt.edu

The eight libraries in the Vanderbilt system offer comfortable, quiet spaces for individual study and group study rooms for working in teams. See the library study space maps on the following page.

The library’s 1.5 million electronic books and over 94,000 electronic databases and e-journals address the needs of twenty-first century students and scholars. When you are unsure where to start your research or have trouble with your footnote format, ask a librarian. You can ask questions online or make a personal appointment. Go to “Ask a Librarian” on the library homepage.

With food, friendly spaces, interactive exhibits, umbrellas and laptops for borrowing, guest speakers and programs, the library is much more than books.

Library Online Resources

library.vanderbilt.edu

Books, articles, databases, and library services are available online and through your mobile phone.

Help with Research: Ask Us

Get help finding materials, identifying topics, and presenting your research. Click the ‘Ask Us’ button on our homepage to email a librarian.

Search and Discovery Resources

The Heard Library website features a new ALL search box that searches for your terms in a variety of available resources: article databases, the catalog, DiscoverLibrary, research guides, and electronic journals. All of these resources may be searched individually as well.

DiscoverLibrary provides single search access to a superset of resources, including the contents of ACORN, our library catalog, in addition to other resources such as the Vanderbilt Television News Archive, ebooks, articles, and digital collections. DiscoverLibrary is designed to make academic research more intuitive and Google-like.

Getting Books from Other Libraries: Interlibrary Loan System

Use interlibrary loan to access items from across the world that the Vanderbilt University libraries do not own. Log in to your online account for request forms or follow links provided in many of the databases and catalogs provided by the library.

INSIDER TIPS

Did you know you can borrow laptops, chargers, and even umbrellas at the library?

You can search on the library’s website to see what books are currently available before making the trek across campus.

Many peer reviewed articles are available online through the library’s databases and can be accessed anywhere with your VUnetID.
Find the Perfect Study Spaces

... in the Central Library

The library seating maps were created by Matthew Deutch, Paris Fan, Kyle Galin, Morgan Hurst, Chara Lynn, Margot McGee, Stefano Scotti, Haydon Tucker, and Grant Valeriano (all Peabody students, Class of 2019) as an HOD class project.
Academic Resources: Reach Out and Make it Happen

Find yourself overwhelmed, don’t know how to study effectively for tests, can’t figure out how to structure your paper, feel you are in over your head with your Gen Chem course, or feel anxious about your exams? You are not alone. Vanderbilt offers so many ways for you to find support. All you need to do is reach out. Go to your prof or TA to get some clarification on an assignment, to your academic adviser for concerns about requirements or course load, to the Writing Studio for your essay, to the STEM Tutoring Help Desk for your Gen Chem questions, to Tutoring Services for most of your language classes, and to the Skills Coach to work on study skills or test anxiety.

The Writing Studio

1801 Edgehill Ave, Suite 112 (near The Ingram Commons)
(615) 343-2225 • vanderbilt.edu/writing

Good writing is improved by conversation. We invite you to meet with one of our trained consultants to talk about your course paper or any other writing project. Through these conversations, we can work on clarifying your ideas, strengthening your arguments, and making your writing process more efficient.

Appointments are easy to make. Just go to our website. Appointments fill up quickly, so plan ahead, especially during midterms and finals. Try to leave yourself a buffer after your appointment to work on your writing before it is due.

We have two locations—1801 Edgehill and 217 Commons Center—and are open six days a week during the daytime and evening. We also host special events—like our Dinner and a Draft series—and offer online resources, VUPrint, a reference library, and free coffee!

“I love nothing more than hearing an undergraduate writer talk their way to a breakthrough on an essay. Those breakthroughs don’t usually come from a writer staring at a screen longer, but from engaging with a live audience for their writing. Helping students realize the power of talk for their writing process is central to both my English courses and my work at the Writing Studio, which is what brought me to Vanderbilt five years ago. Now that you’re here, too, the Writing Studio’s peer writing consultants—my favorite people on campus—can provide just the live audience you need as you step into college-level writing!”

— John Bradley, Ph.D., Assistant Director, Writing Studio; Senior Lecturer, English

Tutoring Services

An overview of all tutorial services that are offered in the School of Engineering and College of Arts and Science can be found at: as.vanderbilt.edu/tutoring

Tutoring Program

1801 Edgehill Ave, Suite 112 (near The Ingram Commons)
(615) 322-5218 • as.vanderbilt.edu/tutoring

Worried about your first chemistry or calculus test? Schedule a (free!) individual appointment through Tutoring Services. We cover introductory courses in biological sciences, chemistry, economics, mathematics, physics and some foreign languages. Each student is allowed up to ten sessions per course per semester. Everything you need to know about scheduling an appointment and the classes covered is on our website! We want to help good students be even better!

STEM Help Desks and Exam Review Sessions

(615) 343-8061

The College of Arts and Science, the School of Engineering, and the National Science Foundation are offering help sessions conveniently located in The Commons Center and in Featheringill Hall for first-year and sophomore engineering, science, and mathematics courses.

INSIDER TIPS

Schedule a Writing Studio appointment on their website in minutes, and check out the consultants’ bios before you choose one. Read up on their tips on how to make the most of your session at vanderbilt.edu/writing/about/appointments.
Help Sessions are led by an advanced undergraduate or a graduate student. They are designed for students to drop in and discuss questions one-on-one or in a small group setting.

Help Sessions are held Sunday through Thursday, September 11–November 30 (excluding breaks), in The Commons Center (CC) 215/216 and Featheringill Hall (FGH) 132 from 7-9 p.m.

- First-Year Courses in CC 215/216:
  - CHEM 1601, BSCI 1510, MATH 1100, MATH 1200, MATH 1300, MATH 1301, AND PHYS 1601.
- Arts and Science Courses in FGH 132:
  - MATH 2200, MATH 2300, MATH 2400, MATH 2420, PHYS 1601, and CHEM 2221.
- School of Engineering Courses in FGH 132:
  - BME 2100, CE 2200, CHBE 2100, CS 1101, CS 1103, CS 2201, EECE 2112, EECE 2116, and EECE 2213.

If you have questions, contact Burgess Mitchell at burgess.mitchell@vanderbilt.edu or by phone at (615) 343-8061.

### Review Sessions for Chemistry 1601

All review sessions are held in The Commons Center a few days prior to the exams. The schedule will be announced in your classes.

### Academic and Study Skills Support

(615) 322-0480 (for appointments)

vanderbilt.edu/healthydores

The academic skills coach at the Center for Student Wellbeing offers various types of support to help you succeed academically, including:

- **One-on-One Appointments**
  - (during peak times there may be a wait)
  
  First appointments typically last 45 minutes; at that time, you will decide about future meetings. Please bring relevant school work, schedules, books, and/or planners.

- **Academic Skills Workshops**

  Held at the Center for Student Wellbeing Classroom

  **Study Skills and Time Management**
  
  September 7, 10-11 a.m.
  
  September 13, 11 a.m.-Noon
  
  September 19, 2-3 p.m.
  
  September 25, 3-4 p.m.

  **Exam Prep**
  
  October 6, 11 a.m.
  
  November 30, 2 p.m.
  
  December 4, 2 p.m.

  Series includes: learning how to learn (general study skills), time management, reading strategies, writing strategies, and test preparation. The workshop series is offered twice a semester and is held in The Commons Center during the first half and at the Center for Student Wellbeing during the second half of the semester.

- **Walk-In/Study Hall Hours**

  Wednesdays 1-3 p.m. Center for Student Wellbeing (starting first week of classes)

### Surviving and Thriving with ADHD

Fall Series 1: Aug. 30–Oct. 1
Fall Series 2: Oct. 18–Nov. 15
vumc.org/pcc

If you suspect you may have ADHD or a learning disability or require updated documentation (i.e., testing must have been completed within the past three years) to receive academic accommodations from the Equal Opportunity Affirmative Action and Disability Services Department (the disability services office at Vanderbilt), you will need to undergo a comprehensive evaluation at the Psychological and Counseling Center. Depending upon the test results, the PCC will help arrange appropriate interventions and, with your consent, facilitate the reporting of the results to the EAD Disability Services Department. The EAD arranges for academic accommodations, if appropriate, as mandated by the Americans with Disabilities Act. The exact nature of the accommodations is determined on an individual basis according to the disability that was diagnosed. All work completed at the PCC is confidential. We do not release any information without your explicit written permission.

### English Language Center

1208 18th Ave. South
(near The Ingram Commons)

(615) 322-2777 • vanderbilt.edu/elc

The ELC assists students and scholars at Vanderbilt whose primary language is not English in achieving their academic potential and participation in the life of the university and community. The ELC...
provides language instruction for such students and scholars and focuses on contextualizing advanced language use within an academic context.

Courses are offered in a friendly, supportive atmosphere, and program features include:

- **writeELC for Undergraduates** helps participants more fully adapt to academic writing styles and become more effective in presenting ideas. Content is tailored to meet individual writing needs through workshops, one-to-one sessions, and online resources and is organized around writing assignments in Vanderbilt University courses.

- **Academic Speaking and Academic Pronunciation** courses focus on oral communication needs found in academic settings. Participants meet both in a group and individually with an instructor to work on their specific language needs.

- **One-to-One Writing and Speaking Consultations** provide constructive feedback to help participants develop strategies for successful speaking and writing in academic and professional environments. The ELC offers one tuition-free course per semester to Vanderbilt students. The courses are not for credit. To apply to any of our courses or to sign up for one-to-one consultations, please go to our website.

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**How to Make the Most of Academic Advising**

Whether you are a student in the Blair School of Music, College of Arts and Science, Peabody College, or the School of Engineering, your adviser can be an important resource...

Your academic adviser can provide advice, support, and perspective, especially in this crucial first semester at Vanderbilt. Maybe you came here planning to go to medical school, but now you’re rethinking those plans. Maybe you have no idea what you want to study, let alone do with your life. Maybe you’ve fallen in love with your religious studies course and wonder where to go from here. Maybe you’re having a hard time connecting with the work in a class or figuring out your instructor’s expectations. Maybe you’re wondering how study abroad fits into your plans or what to do with your AP credit or how to go about taking a summer course elsewhere. Your academic adviser can be your first port of call for any academic question, interest, or concern.

Above all, your adviser wants to help you make the most of your time at Vanderbilt and pursue your plans and passions in a way that makes sense for you.

The better your adviser knows you, the more helpful they can be. So reach out early and often!

- Many advisers use an online scheduling system, so make an appointment—and be on time! If your adviser doesn’t schedule appointments online, send an email to set up a time to meet—and be on time!
- Keep up with your own academic progress by consulting your Degree Audit (found on your YES dashboard).
- Carry your own weight in the conversation—be prepared to talk about your plans, do a little research on the subject ahead of time, and ask lots of questions.

Remember this: academic advisers are here to help you—so reach out to them!

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**Health Professions Advisory Office**

1801 Edgehill Ave, Suite 106 (near The Ingram Commons)  
(615) 322-2446 • vanderbilt.edu/hpao

The mission of the Health Professions Advisory Office is to help students be successful in their application to health professions graduate schools. We are here for you to provide information, support, encouragement, and, when needed, comfort. Join our listserv through Anchor Link and schedule an appointment (via the online scheduler at vanderbilt.edu/hpao) to come by so we can begin to get to know each other.

**Pre-Nursing Advising**

as.vanderbilt.edu/hpao/professions/nursing.php

If you are interested in nursing, you should consult Assistant Dean Jana Lauderdale at (615) 343-2228 or email jana.lauderdale@vanderbilt.edu. For more information, see our website.

**Pre-Architecture Advising**

as.vanderbilt.edu/paa

Students interested in the study of architecture should consult our website and contact pre-architecture advisers Professor Kevin D. Murphy at (615) 322-3657 or Professor Vesna Pavlovic at (615) 322-8724 or email pre-architecture.advising@vanderbilt.edu.

**Pre-Law Advising**

Interested in studying law? Please contact Department of Political Science Professor Carrie A. Russell at (615) 322-5023 or via email at carrie.russell@vanderbilt.edu.
Whereabouts

Campus Map

Emergency Phones

Emergency phones—or Bluelights—have a button that, when pressed, automatically dials the VUPD Communications Center. An open line on any emergency phone will activate a priority response from a VUPD officer.
Student Centers, Recreational Areas, and Auditoriums

1. Commons Center
2. Alumni Hall
3. Student Life Center
4. Sarratt Student Center | Rand Hall
5. The Wall and Rand Terrace
6. Greek Row
7. Recreation and Wellness Center
8. Langford Auditorium

Academic Buildings

9. Wilson Hall
10. Furman Hall
11. Neely Auditorium
12. Benson Hall
13. Calhoun Hall
14. Garland Hall
15. Buttrick Hall
16. Featheringill Hall (Engineering)
17. Stevenson Center
18. E. Bronson Ingram Studio Arts Center
19. Blair School of Music
20. Wyatt Center
21. Cohen Memorial Hall
22. Jesup Psychology and Hobbs Lab
23. Payne Hall
24. Mayborn Hall
25. Home Economics Building
26. 1801 Edgehill Ave.

Libraries

27. Central Library
28. Peabody Library
29. Stevenson Science and Engineering Library
30. Eskind Biomedical Library
31. Wilson Music Library

Services and Resources

32. Student Health Center
33. Center for Student Wellbeing
34. Office of the University Chaplain and Religious Life
35. Ben Schuman Center for Jewish Life
36. Barnes and Noble at Vanderbilt Bookstore
37. Project Safe Center
38. Office of Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex (LGBTQI) Life / K.C. Potter Center
39. Margaret Cuninggim Women’s Center
40. Mail Services (see #1 and #4)
41. Campus Copy (see #4)
42. Bishop Joseph Johnson Black Cultural Center
43. Benton Chapel
44. Equal Opportunity, Affirmative Action, and Disability Services (EAD)
45. Psychological and Counseling Center
46. College of Arts and Science Pre-Major Academic Advising Resources (CASPAR) (see #1)
47. Seigenthaler Center
48. English Language Center
49. Curb Center (Creative Campus Initiative)
   Office of Honor Scholarships
   Health Professions Advisory Office
   The Writing Studio
   Tutoring Program
Honor Vanderbilt’s Culture of Integrity

One of the first things you will do after arriving on campus is to participate in the Honor Code signing ceremony.

A Message from the Undergraduate Honor Council President

Katie Williamson, ’18, College of Arts and Science

At Vanderbilt, the culture of integrity is fundamental to how we conduct ourselves as students and as a university community. There is a certain camaraderie and shared pride among students at Vanderbilt, which is largely due to the understanding that we are all committed to making choices that align with the values in the Vanderbilt Community Creed. One such value is honesty; students are expected to pursue their academic endeavors with honesty, even when it is difficult to do so. In your first year, you will have the opportunity to make your own choices away from your family and friends, possibly for the first time. You will be able to choose your classes, your friends, campus organizations, and, most importantly, the values that will guide you through your time in college and beyond.

The hallmark of the Vanderbilt community is the Honor Code, which has governed academic work at the university since its founding. In your first week on campus, each of you will sign the Honor Code, thereby pledging to conduct yourself responsibly in academic matters and to embody the spirit of the Honor Code both inside and outside the classroom. With every student taking and honoring this pledge, we can maintain the culture of responsible, collaborative learning that defines the Vanderbilt experience.

I am particularly passionate about the Honor Code as I have been a member of the Undergraduate Honor Council since my first year on campus and now, as a senior, serve as President. The Undergraduate Honor Council is a student-run organization with over eighty representatives from all four undergraduate schools. Our purpose is to personify the principles of the Honor Code and hold accountable those who violate them. Not simply a document of rules, the Honor Code represents a promise by and amongst students and friends to pursue all academic endeavors with integrity. Only with every student’s commitment to a community of integrity can we preserve the significance of our education and the value of our Vanderbilt degrees. Though you are just starting your first year, keep in mind that your time at Vanderbilt is preparing you for all areas of life after college, and the importance you place on integrity now will serve as a foundation for the rest of your life.

ADDITIONAL RESOURCES ON ACADEMIC INTEGRITY:

Academic Integrity at Vanderbilt
vanderbilt.edu/academicintegrity

Undergraduate Honor Council
studentorg.vanderbilt.edu/honorcouncil

Office of Student Accountability, Community Standards, and Academic Integrity
vanderbilt.edu/studentaccountability

The Honor System in the Student Handbook
vanderbilt.edu/student_handbook/the-honor-system

The Honor System chapter of the Student Handbook acquaints you with the specifics of the standards expected of you as a member of the university community. It is your responsibility to become aware of the contents of the Student Handbook. Ignorance of a policy or regulation will not be considered an excuse for failure to observe it.

Statement of the Honor Code:

Vanderbilt University students pursue all academic endeavors with integrity. They conduct themselves honorably, professionally and respectfully in all realms of their studies in order to promote and secure an atmosphere of dignity and trust. The keystone of our honor system is self-regulation, which requires cooperation and support from each member of the University community.

“I pledge on my honor that I have neither given nor received aid on this examination.”
—Undergraduate Honor Pledge
Plan Ahead

Joint Undergraduate/Graduate Programs

College of Arts and Science
- Combined B.A./M.A. (4+1) in the following departments and programs: English; French; German; History; Latin American Studies; Math; Medicine, Health, and Society; Philosophy; Political Science; and Psychology. Admission to the 4+1 program is highly selective. For more information, see as.vanderbilt.edu/academics/specialdegree/4plus1.php or contact Dean Martin Rapisarda.
- Combined B.A./MBA in conjunction with the Owen School of Management. For more information, see owen.vanderbilt.edu/programs/mba/joint-degrees/index.cfm.

Blair School of Music
- B.Mus./M.Ed. (Teacher Education) or a
- B.Mus. and MBA (through Owen) in a five-year arrangement
For more information, please see Prof. Tucker Biddlecombe for Teacher Education or Prof. Amy Jarman about the Blair-to-Owen program.

School of Engineering
If you have significant Advanced Placement or International Baccalaureate or transfer credit, you might consider earning both bachelor’s and master’s degrees in four or five years. If you are interested in any of the following programs, please contact Associate Director of Academic Services Adam McKeever-Burgett at adam.w.mckeever-burgett@vanderbilt.edu.
- M.S. in Finance/B.S. in Computer Science
- B.E./M.E. in Engineering
- Accelerated Graduate Program in Engineering—students who enter Vanderbilt with a significant amount of credits (20 to 30 hours) may be eligible to earn both a bachelor’s and master’s degree in engineering in just four years.

Peabody College
- 3+2 Child Development/Nursing Program: This is an ideal program if you want to pursue a nursing career. Students take their senior year, in absentia, in the nursing school, and depending on their specialty, they can graduate in as few as five years with a bachelor’s degree and a master’s degree in nursing. This program is also available to students pursuing a human and organizational development major. For more information, see peabody.vanderbilt.edu/departments/psych/undergraduate_programs/child_development.php.
- B.Mus./M.Ed. (Teacher Education): Peabody College and the Blair School of Music offer a joint program for students interested in teacher licensure. You can graduate from this program in five years with a B.Mus. and an M.Ed., certified to be a music teacher. For more information, see blair.vanderbilt.edu/departments/ma5.php.
- Fifth-year M.Ed. Programs in Child Studies, Elementary Education, Education Policy, Higher Education Administration, Leadership and Organizational Performance, and International Education Policy and Management: With one of these programs you have the opportunity, in one extra year, to build a more specialized master’s degree on the intellectual foundation laid by your Vanderbilt bachelor’s degree. For more information, see peabody.vanderbilt.edu/degrees-programs/masters-edd-programs/masters_programs/fifth_year_masters_program.php.

Career Center
615-322-2750 • vanderbilt.edu/career
Student Life Center, 2nd floor
Located in the SLC, with a satellite office in The Commons Center, the Career Center offers career coaching and resources to help you clarify your interests, learn how to write resumes, and discover internships. We host a number of events where you can explore and connect to internships and jobs, including:
- Professional development workshops and trainings
- Information sessions and networking events with employers
- Career fairs and on-campus interviews
Getting started with the center is easy. First-year students and others who have not been to our office are encouraged to visit with our coaching staff during walk-in hours, held daily during the academic year. No appointment is necessary.

“I am so excited to join the Vanderbilt Career Center team as a career coach. I have worked in various positions within higher education, most recently as the coordinator of student services in the School of Social Work at the University of Alabama, however, it was in Career Services at The University of Michigan where I found my passion for helping students find their path from academia to rewarding careers. A guiding mantra for me and my philosophy for student services is, ‘It’s always okay to ask for help.’ And that is why I am here, so come by to meet with me at the Career Center or at our satellite office in The Ingram Commons.”

— Amanda Moore, Career Coach, Career Center
Undergraduate Research
vanderbilt.edu/undergraduate-research

This website is your information portal on all things research. It offers lots of advice and lists opportunities by school.

What is undergraduate research? It is an inquiry and investigation that you make with the guidance of a faculty mentor into a discipline—whether biology research in a laboratory, examinations of artwork and creativity, or an interdisciplinary investigation that spans majors, fields, and schools.

Why do research? It is a hands-on way to develop problem solving, critical thinking, and professional skills outside the classroom. It allows you to deepen relationships with faculty, prepare for competitive graduate programs, and develop marketable skills for future employment.

When can I do research? Research opportunities are available to all students regardless of class year—during the fall and spring semesters or over the summer.

How do I begin? There is no one “right” way. For starters, you might talk to your TA, your adviser, your professor, or your VUceptor. Check out our website for general advice about how to get started and involved.

Global Education Office
(615) 343-3139 • vanderbilt.edu/geo

GEO offers more than 120 study abroad programs for direct Vanderbilt credit. Our friendly, knowledgeable advisers would love to help you design your study abroad experience. Our programs will engage you academically, immerse you culturally, and challenge you personally.

With a little planning, you can go abroad no matter what your major(s). On a GEO semester-long program, you retain most or all of your usual financial aid package; we also offer scholarships for summer programs. Visit one of our Study Abroad Fairs, or stop by our office (on the first floor of the Student Life Center) to talk with us.

Visit our website for information on our programs or to connect with an adviser. Follow us on facebook.com/vanderbiltgeo or twitter.com/geovanderbilt for updates on events, application deadlines, and programs.

“As a Vanderbilt undergraduate I studied abroad at the University of St. Andrews in Scotland, and I’ve also done archaeological fieldwork in Belize, Bolivia, Guatemala, and Peru. You might see me around campus presenting in a Visions session, hosting a table at Sarratt Promenade, or eating delicious mushroom stroganoff at Rand. Ask me any questions—talking about study abroad is my favorite thing! Anybody can study abroad, and it’s never too early to start planning.”

— Ashley Heaton
Study Abroad Adviser and Outreach Coordinator, Global Education Office

Thinking about Studying Abroad?
Get started by going to one of GEO’s Study Abroad 101 sessions to learn about the application process. These brief informational sessions are held twice a week!
Manage It All

Undergraduate Catalog
vanderbilt.edu/catalogs/undergraduate

The Undergraduate Catalog is the official publication of record for the requirements of the degree program; it includes both the course requirements and academic policies that will govern your degree. Students must meet the degree requirements stated in the catalog for the year they enter a degree program.

INSIDER TIPS

To register with YES for Spring Classes

Your Internet connection is key: Consider using an Ethernet cable, a library desktop, or the 4G on your smartphone since Vandy’s WiFi can be spotty during registration.

Refresh the page when your registration period begins so that the button appears to submit your classes. Otherwise, you risk losing a precious minute or two!

Have a back-up course plan (or two) written down, and keep all of those classes in your cart in order to facilitate potential switches.

Realize you have to hit “submit” at the end.

If you don’t get into a course you need at first, check back during open registration—spots often open up, or consider emailing the professor.

YES Online Student Services
yes.vanderbilt.edu

YES (Your Enrollment Services) gives you access to many online applications that you will need at Vanderbilt in addition to being your registration platform. Make sure you familiarize yourself with all services available through YES.

Registration features available through YES include:

- ADD, DROP, and WAITLIST a class
- DROP IF ENROLLED: Waitlist a class and set another course to automatically drop if you are enrolled in your waitlisted class
- SWAP: Exchange classes without risking a dropped class

Other Important Services Accessible through the YES Landing Page:

- Access your academic record through the Access to Academic Information (AAI) application to view your enrollments, mid-term and final grade reports, test and transfer credit, test scores, and academic program information (major, GPA, etc.)
- View information on your classes posted by your instructors via Brightspace, Vanderbilt’s online class management system
- Access the message center to see important messages from advisers and administrators
- Plan your academic career at Vanderbilt through the catalog planner
- Evaluate your degree progress using the degree audit program
- View, export, or send a copy of your schedule via email
- Find information on textbook ordering
- Update your address and provide your emergency contact information
- Become involved on campus and manage your experiences outside of the classroom through the Anchor Link application.
- Learn about and connect to professional opportunities on and off campus through the Career Center’s DoreWays webpage
- Access the online billing portal to view or pay your eBill, enroll in and make payments on a Vandy Plan, and set up other payers for your account
- Check on the status of your financial aid
- Set up an account for direct deposit of refunds
- View the current activity on your student account
- Order an official transcript

Questions?
Click on “Help” in the upper right corner of any YES page to access detailed information on the application. Contact information is also provided if you need more individual help.

For user guides to YES, please go to registrar.vanderbilt.edu/registration/yes-user-guides.php

Registration for Spring 2018 Classes
October 9:
Spring 2018 class schedule available in YES; registration windows posted
October 30:
Registration windows for undergraduate students begin
December 4
Open enrollment for Spring 2018 begins
Check YES to find out your specific registration date.
Brightspace Course Management System

brightspace.vanderbilt.edu

Brightspace is Vanderbilt’s primary course management system, providing a core set of digital tools designed to support teaching and learning across campus. Your instructors may use Brightspace to:

- Share a course syllabus, schedule, readings, or other helpful resources in “Content”
- Provide information about assignments in “Content” or “Activities & Assessments”
- Post grades so you can track progress in class by clicking “Class Progress”

You may also be asked to use Brightspace to take tests, submit assignments, participate in online discussions, or contribute to a group project.

To log in to Brightspace, go to brightspace.vanderbilt.edu and enter your VUnetID and e-Password. You will see your current courses pinned to your landing page, and can search for past courses by clicking on “View all courses.” Click on a course name or image to enter the site for that course.

If you have questions about Brightspace, you are encouraged to reach out to your instructor. Brightspace support is also available by emailing brightspace@vanderbilt.edu.

INSIDER TIPS

- Check Brightspace often for syllabi, course assignments, and grades.
- You can customize your theme and organize your dashboard to personalize it!
Take Care
OF YOUR WELLBEING & SAFETY


Vanderbilt Recreation and Wellness Center

vanderbilt.edu/studentrec

This recently renovated facility includes 289,000 sq. ft. of indoor space and six acres of outdoor facility space with something for everyone.

Interested in group fitness classes?

You can choose from yoga, lifeguard training, rock climbing, weight training, spinning, kayaking, zumba, and many other classes. Check out our online schedule to sign up. Most of the classes and clinics are free, but some may include additional fees. Or meet up with friends for ping pong, billiards, bowling, racquetball, or squash. Or come for some strength training, an aerobic workout, a swim in the pool, a climb on our climbing and bouldering wall, or a run on our indoor or outdoor track.

Looking for organized team sports?

Intramural Sports

vanderbilt.edu/recreationandwellnesscenter/intramuralsports

Our intramural program includes more than 40 sports ranging from basketball to inner tube water polo. Leagues are available in men’s, women’s, and co-recreational divisions. Competitive and recreation divisions are formed to meet the desired skill or interest level of the participants. Registration is done online. You can also get involved in intramurals through your house and participate in The Commons Cup.

Club Sports

vanderbilt.edu/recreationandwellnesscenter/clubsports/index.php

Club sports are slightly more competitive than intramural sports, as clubs may represent the university in intercollegiate competition. Each sport club at Vanderbilt is organized and run by students, with membership open to all students. Many clubs have regular practice times and tournament play. The Vanderbilt Club Sports program is managed under the standards set by the National Intramural Recreational Sports Association (NIRSA).

Want to explore the great outdoors?

Outdoor Recreation Program

vanderbilt.edu/outrec

Nashville’s close proximity to gorgeous state parks and natural areas makes it an ideal location for weekend backpacking, spelunking, canoeing, and rafting trips. You can participate in an Outdoor Rec trip or rent gear here for your own trip. The resource library includes maps and guidebooks for local parks to make planning a trip on your own easier. Outdoor Rec is located on Children’s Way by the Vanderbilt Recreation and Wellness Center.

Or focus on creating a healthy lifestyle?

The Wellness Center

Located inside the Rec Center, this is where you can find fitness and lifestyle improvement programs and events as well as a variety of online tools, personal training services, partnership and community outreach opportunities, cooking demonstrations, and nutrition resources.

INSIDER TIPS

👀 There’s a cardio loft upstairs in the Rec if the main room is too full.

🥤 Stop by the Rec’s Smoothie King to reward yourself after a good workout.
Center for Student Wellbeing

Across from the Student Health Center (between McTyeire and Featheringill Hall)
(615) 322-0480 • vanderbilt.edu/healthystudents

The Center for Student Wellbeing is a space dedicated to helping you to cultivate lifelong wellbeing practices. Our staff, which includes student wellbeing coordinators and an academic skills coach, is available for individual coaching appointments to help you develop and maintain skills that will contribute to your personal and academic success. We also invite you to stop by our meditation room for yoga, meditation, and mindfulness classes, or for self-guided practice. Workshops are available on a variety of topics as well, including resiliency, time management, healthy living, and alcohol and other drug education.

The meditation room, VRS lounge, and workshop room are available by card access 24/7. You may walk in or call the center to schedule an appointment M–F, 8 a.m.–5 p.m.

Vanderbilt Recovery Support (VRS)

Vanderbilt Recovery Support is a program of the Center for Student Wellbeing. If you are actively working a recovery program (i.e., from a substance use or eating disorder), we welcome you to attend a recovery meeting or to utilize our VRS lounge in the Center for Student Wellbeing for studying and community building. Individual coaching, mentorship meetings, and recovery housing, which provides a substance-free environment with accountability measures, are also available to those working on recovery.

“I moved to Nashville from Nebraska to attend Vanderbilt in 1997 and never left! I enjoy working with students to identify strengths and resources that will support their academic and personal success at VU. I also love being a part of campus-wide wellness initiatives and programs, such as LEAPS (Liaisons Educating & Advocating for Psychological Support) and the Vanderbilt [IM]Perfection Project. I am thrilled to be at the newly renovated center and invite you to stop by the beautiful meditation room!”

— E. Rachel Eskridge, M.Ed.
Director, Center for Student Wellbeing

“I have been at Vanderbilt University for the last five years, after spending the first portion of my educational career in Detroit. What I enjoy most about my profession is working with students to support them in accomplishing their goals. Vanderbilt Recovery Support, our collegiate recovery program, is one of the ways I get to watch students thrive. Additionally, having been a long time meditator and yogi, I am excited that the CSW offers these mindfulness techniques to students during our Weekly Wellbeing Practices. It would be wonderful to share a practice with you.”

— Katherine Drotos Cuthbert, M.L.A.S.
Student Wellbeing Coordinator, Center for Student Wellbeing

Psychological and Counseling Center

2015 Terrace Place
(across from the Baker Building)
Schedule appointments online at vumc.org/pcc
or call us (615) 322-2571.

At the PCC, we support the mental health needs of Vanderbilt students to help them reach their personal goals. We are here to address difficulties through services such as crisis intervention, substance abuse counseling, individual counseling, group counseling, ADHD and learning disorder assessments, biofeedback, psychiatric assessment and pharmacologic treatment. Our team of psychologists, licensed counselors, and psychiatric medical providers collaborates with students to provide evidence-based treatment plans tailored to each individual’s unique background and needs.

We emphasize prevention through collaboration with the Center for Student Wellbeing with a focus on developing the skills and self-awareness needed to excel in a challenging educational environment.

For additional resources, see next page.
Let’s Talk
In addition to the services provided at the PCC, we offer opportunities for informal and confidential consultations with a counselor in two different locations on campus through Let’s Talk.
Let’s Talk may be appropriate if you:
• Are not sure about counseling and wonder what it’s like to talk with a counselor,
• Are not interested in ongoing counseling but would like the perspective of a counselor,
• Have a specific problem and would like someone with whom to talk it through,
• Have a concern about a friend and want some thoughts about what to do.

Let’s Talk Walk-in Hours Fall 2017
• Wednesdays, 2:30-4:30 p.m.
  Sarratt Student Center 208
• Thursdays, 2:30-4:30 p.m.
  The Commons Center 215

Student Health Center
Zerfoss Center (across from McTyeire and adjacent to Stevenson Center)
Semester Hours: Mon.–Fri., 8 a.m.–4:30 p.m.; Sat., 8:30 a.m.–Noon
Appointments and 24/7 emergency consultations: (615) 322-2427
vumc.org/student-health
The Student Health Center is your on-campus primary care clinic, here to serve your health care needs during your time at Vanderbilt. We provide a wide range of services including acute care for unexpected injuries or illnesses, chronic disease management, gynecology, STD screening, nutrition, and sports medicine. The Student Health Center is also here to serve your travel needs and can do all vaccinations necessary for your adventure overseas. We are an officially certified yellow fever vaccine clinic and can help make sure you are well prepared for study abroad or pleasure travel outside of the United States.
Our staff includes physicians, nurse practitioners, nurses, and a lab technician. There are no charges for the office visits or consultations themselves (those are covered by your tuition), but if you require lab work or medical supplies, you will be charged minimal fees. Any larger charges you incur, such as X-rays at the Vanderbilt University Medical Center, will be billed by the Medical Center to your insurance company.

How to Get seen by a Medical Care Provider:
We encourage all students who need medical care to call us at the Student Health Center for an appointment. This allows you to pick a time that works best with your schedule and is generally the most efficient way to receive care. You will usually be able to get an appointment within 1-2 days, but if you have an urgent problem, you will be seen on a same-day basis. We always leave appointments available for such urgent matters, but if they are filled, you can still come to clinic to be “worked in” on a first-come, first-served basis.

"My childhood was spent in Mobile, Alabama, and Vestal, New York, and I graduated from Cornell University. I came to Vanderbilt in 1986 for medical school and stayed on for residency and a chief resident year in internal medicine. In 1998, after three years in private practice, I found my medical home at the Student Health Center. Taking care of Vanderbilt students if one of the greatest joys and privileges of my life. I have been married for 23 years and have two teenagers at home, a 16-year-old boy and an 18-year-old girl. In our free time, we enjoy watching sports, hiking, and playing with our two spoiled hound dogs."

— Dr. Louise Hanson, Associate Professor of Clinical Medicine
Medical Director, Zerfoss Student Health Center
Project Safe Center
304 West Side Row behind McGill Hall
Office (615) 876-0660 • vanderbilt.edu/projectsafe

The Project Safe Center for Sexual Misconduct Prevention and Response partners with students, faculty, and staff to create a campus culture that rejects power-based personal violence, including sexual misconduct and sexual violence. It supports survivors of sexual violence and engages the campus community in bystander intervention efforts and sexual assault, dating/domestic violence, and stalking prevention programming.

The center assists students in obtaining medical care and connecting with law enforcement and helps students understand the range of options and resources available to those impacted by power-based personal violence, including interim measures such as academic, housing, transportation, or other accommodations. Project Safe’s services are available to all students, regardless of when and where an incident occurred, including students who have experienced violence or abuse prior to enrollment. The Project Safe Center is designated as a limited confidential resource (see below for an explanation).

Students may walk in Mon.–Fri., 8 a.m.–5 p.m., call the office to schedule an appointment, and/or call the hotline to speak to a Victim Resource Specialist.
24-Hour Hotline (615) 322-SAFE (7233)

Who to talk to if you have experienced personal power-based violence or know of someone who has?

Here is a list of confidentiality levels of campus resources:

Confidential Resources
Offices designated as ‘confidential’ will not report any information to the Title IX Office. These conversations are kept strictly confidential and, except in rare, extreme circumstances (including imminent risk of harm to self or others), nothing will be shared without your permission. Confidential resources on campus include the Psychological and Counseling Center, Student Health Center, and pastoral counselors with the Office of the University Chaplain and Religious Life acting in their capacity as clergy.

Limited Confidential Resource
The Project Safe Center is the only limited confidential resource on campus. Staff can speak with victims without revealing personally identifying information about an incident to the university, and we will only notify the Title IX coordinator of the nature, date, time, and general location of an incident, except in limited circumstances involving, for example, minors and/or serious and immediate threats. See the Sexual Misconduct and Intimate Partner Violence policy for more details.

Private Resources
All other staff (including Housing and Residential Education, Student Accountability, LGBTQI Life, VUPD) and faculty are required by law to report incidents of sexual misconduct and other forms of power-based personal violence to the Title IX officer and relevant administrators so that the university can take action, if necessary, for reasons of safety. In planning any response, the Title IX coordinator will consider the interests of the victim and the university’s commitment to a safe and nondiscriminatory environment for all members of the university community.

Our Community Standards and Power-Based Personal Violence

Power-based personal violence, including sexual violence, is antithetical to Vanderbilt’s values and standards and has no place in the community.

Vanderbilt’s policy requires students to obtain effective consent when engaging in sexual activity. Effective consent is consent that is informed, freely and actively given, and consists of mutually understandable words or actions indicating a willingness to engage in mutually agreed-upon sexual activity.

In general, students are expected to show care and concern for fellow community members. One way they may do this is by intervening, when appropriate, to ensure the safety and wellbeing of a friend. Vanderbilt provides opportunities for students to learn how to be an effective bystander and intervene safely.

GREEN DOT
A green dot symbolizes a moment of action to prevent or intervene in power-based personal violence. Green Dot is a bystander-intervention training program. Be a part of the solution by attending a training. To learn more, visit vanderbilt.edu/projectsafe.
Equal Opportunity, Affirmative Action, and Disability Services Department (EAD)

(615) 322-4705 • vanderbilt.edu/ead

The EAD investigates allegations of prohibited discrimination, harassment, and retaliation involving members of the Vanderbilt community. This includes allegations of sexual misconduct and other forms of power-based personal violence. Vanderbilt’s Title IX coordinator is EAD Director Anita Jenious.

If you believe that you have been subjected to prohibited discrimination, harassment, sexual misconduct, or retaliation, please contact the EAD. If the offense is criminal in nature, you may file a report with VUPD.

The EAD also facilitates interim accommodations for students impacted by sexual misconduct and power-based personal violence, and discrimination. Some examples of interim accommodations include stay away orders, adjusted course schedules, and housing changes.

For additional information, refer to the Student Handbook at vanderbilt.edu/student_handbook/university-policies-and-regulations/#equal-opportunity or vanderbilt.edu/student_handbook/sexual-misconduct.

Office of Student Accountability, Community Standards, & Academic Integrity

(615) 322-7868 • vanderbilt.edu/studentaccountability

The Office of Student Accountability, Community Standards, & Academic Integrity is committed to:

• Creating an ethical and safe environment in which scholarship and academic integrity may flourish
• Promoting good citizenship among students and administering community standards using fair, consistent, and confidential procedures
• Disseminating and interpreting university policies and community standards to the Vanderbilt community
• Serving as a resource and information agency concerning student rights and community standards
• Guiding students toward a greater sense of personal responsibility and mature and ethical behavior
• Providing educational experiences and counseling referrals to assist students in making appropriate choices concerning behavior

Students and student organizations are expected to comply with all university policies, which are derived from tradition and evolve with contemporary practice. Grounds for corrective action cannot always be the subject of precise statement; however, when commonly held standards of conduct are broken, students must be held accountable if the university community is to be sustained.

Our goal in establishing policies and holding students accountable for complying with them is to help students understand how their choices can affect not only themselves, but also the community as a whole.

Our Community Standards Continued...

Alcohol and Drug Policies at Vanderbilt reflect and supplement all state and local laws pertaining to alcohol as well as illicit and prescription drugs, including underage possession and consumption of alcohol. Here are summaries of a few of Vanderbilt’s policies that are helpful for members of our community to understand.

SANCTIONS: The student accountability system has five levels of sanctioning: Educational Conference, Deferred Probation, Probation, Suspension, Expulsion. An Accountability Action Plan will accompany all sanctions, except expulsion. A student may receive any of the five sanctions depending on factors such as the severity of the incident and the student’s disciplinary history.

CONSEQUENCES for students placed on disciplinary probation are high. During the period of probation, students may not, for example, study abroad, hold certain leadership positions in student organizations, become an RA or VUceptor, or join a fraternity or a sorority.

THE IMMUNITY RULE provides that students who seek medical attention for intoxication and those who help them in doing so will not be formally disciplined for the intoxication and the underlying violations of drug and alcohol policies; however, they will be required to complete a drug or alcohol assessment.
Vanderbilt University Police Department
(615) 343-9750 • police.vanderbilt.edu
(615) 322-2745 (Non-emergency) • (615) 421-1911 (Emergency)

The Vanderbilt University Police Department, through its community-oriented policing philosophy, plays a vital role in the lives of students living on campus. Our focus of community-oriented policing is to prevent crime and resolve community issues, not just to respond to crime. We work closely with other organizations to educate community members about potential hazards and how to reduce the likelihood of becoming a victim of crime.

Here are a few things we offer for your safety and that of your belongings.

**AlertVu**
emergency.vanderbilt.edu/alertvu

You are automatically enrolled in our emergency mass notification system to receive emails in the event of an emergency that poses an imminent threat or danger to the Vanderbilt community. However, if you want to receive these messages on your cell phone (voice or text), you need to sign up on our website. You can also register a parent.

**SafeVu**
police.vanderbilt.edu/services/safevu.php

SafeVu is a free app that lets you connect directly from your cell phone to VUPD. You can also submit non-emergency reports to VUPD with text, photos, or videos; access information about the Vandy Vans; and view the VUPD emergency guides.

**Operation ID for Bikes and Laptops**

Theft of unsecured property is one of the most prevalent crimes on college campuses. Operation ID helps deter theft and increases the ability of officers to return found or stolen property to its owners.

Register your laptop or bicycle online at police.vanderbilt.edu/staff_student/registerpossessions.php.

Please have your brand, model, and serial number information ready when registering.

For Vandy Vans and Walking Escorts, both services provided by VUPD, see page 70 in the “Getting Around” section.

**Emergency Phones**

As you walk across campus, become aware of the phones labeled “Emergency” with a blue light at the top. These phones will automatically dial the VUPD Communications Center when the emergency button is pressed. An open line on any emergency phone will activate a priority response from an officer, who will be sent to check on the user of the phone, even if nothing is communicated to the dispatcher. The campus map on p. 36 shows all emergency phones.

**Emergency Preparedness**
emergency.vanderbilt.edu

Disasters happen quickly, often with little or no warning. The VUPD Emergency Preparedness Division’s website provides emergency guides, resources, and contacts that help you prepare for emergency situations ranging from severe weather and natural disasters to medical emergencies and law enforcement situations.

**Severe Weather Early Warnings**

Accuweather, a commercial weather service, monitors any severe weather approaching the Vanderbilt campus. If a tornado is detected within 15 minutes of campus, a dispatcher will activate the Severe Weather Early Warning System, which includes outdoor sirens and AlertVu notifications. For additional severe weather safety information, simply click the Weather button at emergency.vanderbilt.edu.
GET CONNECTED AND INVOLVED
Office of Active Citizenship and Service
305 Rand (across from The Anchor)
(615) 343-7878 • vanderbilt.edu/oacs

We at OACS are student driven and community centered. We encourage you to get involved in community service and civic engagement. We are the campus resource for students to learn about service at the local, national, and international levels and are home to over 70 student-led service organizations.

Some signature OACS programs in the Nashville area are ReDefine, Weekends of Service, and student groups such as Habitat for Humanity, Pencil Project, VSVS (Vanderbilt Students Volunteering for Science), and Girls on the Run.

Signature programs outside of Nashville include Global Service-Learning (in Ecuador, South Africa, Morocco, and the UK), VIEW (Vanderbilt Internship Experience in Washington), ASB and AWB (Alternative Spring/Winter Break), and Manna International.

If you are new to Vanderbilt, we invite you to come by our office so we can speak with you about the heart of our mission—explore, act, reflect—and connect you to meaningful service opportunities that positively impact the community.

“I have worked in the OACS office for a little over three years now. I love it! I am the first person people see when they walk into the OACS office, so interacting with students is a big part of my job. When you have any questions about volunteering, about joining a service organization, or about renting vehicles, I can help you get the answers you need. The OACS Vehicle Loan Program is an example of one amazing service that we offer to Vanderbilt students. If you need a car to travel to a service site, you can rent vehicles through our office. I hope to see you in Rand 305 this fall!”

— Holly Jones,
Administrative Assistant, Office of Active Citizenship and Service

Student Leadership Development
339 Sarratt • @vandyleads (Instagram)
(615) 343-0048 • vanderbilt.edu/leadership

PREVAIL Women’s Leadership Conference, TEDxVanderbiltUniversity, and The Leadership Studio are opportunities to take advantage of in fall 2017. We serve you by offering experiences that help you grow as a leader. For us, being a leader doesn’t mean that you have a title. Our goal is to develop visionary, goal-driven, and action-oriented ‘Dores who desire to make positive change. Be on the lookout for opportunities to apply for a space at PREVAIL, be in the audience to hear “ideas worth sharing” at TEDxVanderbilt University, and be there when we bring The Leadership Studio to your neighborhood.

“Hey y’all! I am a Virginia-born lover of public speaking. I’m a concert enthusiast who loves to read. I’ve been described as a person that you hear before you see. I am dedicated to helping students find their way to a seat in the front row of their lives. This happens through my work as director of Student Leadership Development, president of the Junior League of Nashville, volunteer for Tri Delta, a board member for The Belcourt Theatre, The Women’s Fund, and as a speaker/facilitator for fraternal organizations and nonprofits. Follow me on Instagram @krystinaclark.”

— Krystal Clark, Director,
Student Leadership Development

Experience Vanderbilt
anchorlink.vanderbilt.edu/organization/ExperienceVanderbilt

Experience Vanderbilt (EV) breaks down financial barriers between you and extracurricular experiences that define the Vanderbilt experience. We believe in supporting all types of experiences—student organizations, club sports, dance classes, service trips, outdoor recreation trips, Greek life—any non-academic Vanderbilt sponsored program that may have fees. After all, cost shouldn’t stop you from making new friends, growing professionally, or enjoying college outside the classroom.

You may apply for EV funding if you currently are eligible for financial aid. Money will be distributed through a confidential application and lottery system in Fall 2017. EV is funded by donations from alumni, faculty/staff members, and current students. Please email experiencevanderbilt@vanderbilt.edu with any questions.

If you are an international student who does not receive financial aid, please email experiencevanderbilt@vanderbilt.edu to see if you are eligible.
Office of Equity, Diversity, and Inclusion

401 Kirkland Hall • (615) 343-2644 • vanderbilt.edu/equity-diversity-inclusion

The Office of EDI is responsible for advocating for institutional change, working with partners across the university to set goals and institutionalize accountability, and ensuring that equity, diversity, and inclusion efforts are coordinated. Under Interim Vice Chancellor Tina L. Smith, we work to make Vanderbilt a place where equity is championed, broad diversity is evident, and an inclusive experience is the hallmark for all who work here, study here and engage with us. Please visit our website to stay informed on recent news and events. A list of Vanderbilt University resources and programs, as well as links to other campus diversity offices, is also available on our site. We look forward to hearing your thoughts about how to make Vanderbilt a better community for everyone.

Inclusion Initiatives and Cultural Competence

(615) 322-5089 • vanderbilt.edu/iicc
Email: iicc@vanderbilt.edu

IICC promotes an environment of cultural competency, inclusivity, and awareness where the dignity of all people is respected. We support faculty, staff, and students alike through intentional programming initiatives and signature trainings to help equip individuals with the tools necessary to become culturally and civically proficient leaders in an increasingly diverse world.

PLACES TO HANG OUT:

Multicultural Lounge, Sarratt 337
Sarratt Lounge (Lower level, next to Last Drop Coffee Shop)
Black Cultural Center
K.C. Potter Center (LGBTQI Life)
Women’s Center
Community Partnership House (Office of Religious Life)
Schulman Center

LGBTQI Life

312 West Side Row (behind Tolman Hall)
(615) 322-3330 • vanderbilt.edu/lgbtqi

Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex Life, located in the K.C. Potter Center, serves as a resource for information and support regarding gender and sexuality and is a place of affirmation for all identities. Weekdays 8 a.m.–5 p.m. you can hang out on the comfortable couches of the center. You can also make an appointment with a staff member to get your questions about gender/sexuality answered or discuss ways to get involved. Whether you are interested in low-key social events or campus activism, there’s something for everyone at LGBTQI Life. Programs include LGBTQI Welcome Week, LGBTQI History Month, and the Out in Front Undergraduate Leadership Conference.

“I love being the director of LGBTQI Life, because it allows me to watch students become full and authentic versions of themselves throughout their time at Vanderbilt. I also love educating the campus community regarding what it means to create a socially just environment for all students. I hope new students of all identities will feel comfortable dropping by the K.C. Potter Center, meeting the staff and students, and becoming a part of the community in some way.”

— Chris Purcell
Director, LGBTQI Life

Margaret Cuninggim Women’s Center

316 West Side Row (right behind Tolman Hall)
(615) 322-4843 • vanderbilt.edu/WomensCenter

The Women’s Center is a resource for programming and support related to gender equity topics such as sexual health, pregnancy, body image, disordered eating, healthy relationships, and women’s leadership. Several student initiatives are central to our work: the Kitchen Table Series is a student-facilitated monthly conversation series on current gender-related topics; the Vandy Sex Ed program is run by peer sexuality educators; and the PREVAIL Women’s Leadership Conference gives students a chance to develop strategies that will help them to succeed at Vanderbilt and beyond. We invite you to visit our space—students find it a quiet place to study right at the heart of campus.

“My early love of reading led me on the path I pursued; I studied English in college, spent a couple of years working in book publishing in New York City, and then began a Ph.D. program in English at Vanderbilt. After completing my Ph.D., I taught English at Westminster College in Missouri before returning to Vanderbilt. I love teaching classes about women and literature, feminist pedagogy, and the history of American feminisms. I spend much of my time outside of work with my husband and two daughters, but keeping up with my New Yorker subscription and my monthly book group helps satisfy my inner bookworm.”

— Rory Dicker
Director, Women’s Center
Transition Programs
Student Center for Social Justice and Identity • Sarratt Student Center, Suite 315
615-322-0307 • https://www.vanderbilt.edu/transition-programs/

The Office of Transition Programs helps connect students to campus resources, provides social and academic support, and helps ensure that first-generation and transfer students—among others—are able to thrive as members of the Vanderbilt community.

“Transition Programs is here as a resource and support to all students, particularly transfer and first-generation students as you transition to college. As a transplant to Nashville, I have quickly fallen in love with the diverse culture, rich history, and cosmopolitan feel of this beautiful city. I am a self-proclaimed ‘foodie’ and ‘fashionista,’ so in my spare time, I love shopping and trying the rich culinary treats that Nashville has to offer. Please feel free to stop by my office in Sarratt Student Center, I would love to meet you and see if we can discover new things about Nashville together.”

— Christy Russell
Director of Transition Programs

Office of the University Chaplain and Religious Life
24th Avenue South (between Stapleton and Featheringill Hall)
(615) 322-2457 • vanderbilt.edu/religiouslife

The OUCRL serves YOU in a holistic way, valuing your religious, spiritual and/or ethical formation as integral to the university’s educational mission. We are here to support you through pastoral, vocational, and grief counseling; educational programs and interfaith learning; and direct support to campus religious and spiritual organizations. We recognize these affiliated chaplains: Baptist, Catholic, Episcopalian, Jewish (Hillel and Chabad), Methodist, and Presbyterian (USA & PCA). We also work with student organizations such as the Muslim Student Association, Vanderbilt Karma (Hindu), and Vanderbilt Interfaith Council. Whether you identify as religious or not, we welcome you and hope to serve you during your time at Vanderbilt!

“I am a graduate of Vanderbilt Divinity School (’83) and have worked full time at Vanderbilt since 1994, first as the Methodist affiliate chaplain and the last five years as the university chaplain. I have had the privilege to serve as a VUceptor for five years, and the heart of my work is always YOU, the student. I am also a native Nashvillian, which means that I can direct you to many historic, cultural, and culinary points of interest. Most important, my entire staff is here to help you discover Vanderbilt’s evolving interfaith community of students.”

— Rev. Mark Forrester
University Chaplain and Director of Religious Life

Vanderbilt Hillel
(615) 322-8376 • vanderbilt.edu/hillel

Vanderbilt Hillel is housed in the Schuman Center and is the hub of Jewish life at Vanderbilt, serving the religious, social, and educational needs of the undergraduate and graduate Jewish student communities. We pride ourselves in offering Jewish college students different ways to express their Jewishness through creative holiday programs and cultural events. Students are empowered to take responsibility for their Jewish identity. The Schuman Center also houses Grins (pronounced “greens”), a vegetarian kosher restaurant and favorite of the health conscious.

First Year Students of Hillel (FYSH) Board

This board helps empower you to create a Jewish community on The Ingram Commons, to build a relationship with the existing members of Hillel, and to learn how to become a leader. The FYSH Board is a student run and led initiative with guidance from Program Director Lauren Silverman. As a first-year student, you can apply to join the FYSH board in September.

INSIDER TIP:
Check out Aryeh’s Kitchen Food Truck on 25th Ave.: a kosher meat eatery in a sleek 1971 Airstream trailer!
Bishop Joseph Johnson Black Cultural Center

Behind Buttrick Hall (near Rand Hall)
(615) 322-2524 • vanderbilt.edu/bcc

The Black Cultural Center is named for the first African American to graduate from Vanderbilt, Joseph Johnson (B.D.’54, Ph.D.’58). It promotes equity, diversity, inclusion, and understanding through multicultural educational programming for the entire campus. Our programs include BCC Book Club discussions, documentary film series, speakers, workshops, and annual programming around Homecoming, MLK Day, Black History Month, and Commencement.

Ways to Get Involved: We sponsor a student ambassadors program and other initiatives to help students develop, network, and make friends. If you have programming ideas, let’s talk about them and perhaps find support for your initiatives. If you want to get involved in BCC activities, simply go to our website for our current semester’s calendar. You can also contact us to be listed on our BCC list serve. However, the easiest way to access the BCC and all we have to offer is to simply drop by and become a part of our community. We have great spaces to study, watch TV and movies, or to just make a new friend. The next steps are up to you.

“Football brought me here; the people, the culture, and the experiences have kept me here. Twenty three years after coming to Vanderbilt as a scholarship athlete on the football team, I’m still at Vanderbilt and loving every minute of my experience! I love mentoring students and creating learning experiences that help to shape their personal and career aspirations. Additionally, I have passions for photography, health and fitness, and “DIY” projects. I love walking around campus and nostalgically reliving my glory days. My fondest college memory happened the night of my twenty-first birthday when I walked into the Black Cultural Center (BCC), and my friends jumped out of the dark screaming ‘SURPRISE’! Now as the director of the BCC, I look forward to creating a lifetime of positive memories and experiences for ALL Vanderbilt students.”

— Rosevelt Noble,
Director, Bishop Joseph Johnson Black Cultural Center

International Student and Scholar Services

(615) 322-2753 • vanderbilt.edu/isss

ISSS provides immigration services to students and scholars for immigration, cross-cultural, and personal matters. Sponsoring cultural programs throughout the year and International Education Week in November, this office is dedicated to promoting a global perspective on campus and supporting international students, scholars, and dependents. Other activities include:

• WOW: World On Wednesdays, a monthly lunch gathering for presentations on topics of international interest. Students may discuss their international travels or work experiences, while faculty and staff share their international research projects and cultural insights.

• IEW: International Education Week promotes awareness and celebrates the benefits of international education and exchange.

• iLEAD is a peer mentorship program which pairs new international students with current students. iLEAD mentors lead various activities for new students during orientation and plan cultural and social programs and services for new students.

Arts and Campus Events

vanderbilt.edu/artsandevents/

Our office coordinates the major arts and campus programming initiatives on campus. Program highlights include:

• Studio art co-curricular classes in pottery, photography, jewelry, painting, and drawing

• Co-curricular dance classes including ballet, hip-hop, funk, yoga, ballroom, and more

• Vanderbilt Programming Board, which provides social, cultural, educational, recreational, and multicultural activities at Vanderbilt and is comprised of the six largest programming organizations on campus: Homecoming, Speakers Committee, CityVU, The Music Group, The VenUe, and Vandy Fanatics

• Vanderbilt Performing Arts Council, which represents over 20 student organizations

• ACE Design, a student-run design studio that creates marketing materials for Dean of Students programs and student organizations

For details, including how to get involved, go to our website or to Anchor Link.

Student Organizations

vanderbilt.edu/studentorgs-anchorlink

Vanderbilt offers more than 500 student-led groups, organizations, and clubs on campus. Becoming involved in these organizations as a member or leader helps facilitate personal development and improve leadership skills. Student organizations fall into the following categories: academic, administrative, arts, cultural/international, Greek, honorary societies, media, programming, religious/spiritual, service, special interest, and sports. Many student organizations are supported by the offices listed on the previous pages. Vanderbilt students may also start their own organizations.
WHERE TO LEARN
HOW TO GET INVOLVED

Friday, August 25
Student Involvement Fair
3–6 p.m. • Vanderbilt Recreation and Wellness Center Fieldhouse
Representatives from 300 student organizations and programs will be present.

Sunday, August 27
House Advisory Council
Interest Meeting
6–7:30 p.m. or 7:30–9 p.m. • The Commons Center 235/237
Mandatory for first-year students interested in obtaining a position on their House Advisory Council.

Sunday, September 3
The Road to Leadership
8–9 p.m. • The Commons Center MPR
Panel discussion with student leaders.

Anchor Link
anchorlink.vanderbilt.edu
Want to learn about student organizations and co-curricular programs on campus? Anchor Link serves as the central event calendar for student life and features sites for every registered student organization, Commons house, and a variety of university programs and resources. Make sure to log on to Anchor Link and create your profile today, so you can begin exploring opportunities to become involved on campus.

Greek Life
(615) 322-2048 • vanderbilt.edu/greek_life
Membership in the Greek community provides students the opportunity to be a part of a campus tradition dating back to the school’s founding. The 30+ Greek organizations are rooted in founding principles that foster academic achievement, student involvement, service within the community, and lifelong friendships. Approximately 43% of undergraduate students are members of the fraternity and sorority community. Chapters are looking for well-rounded men and women who will contribute to their organizations, the campus, and the Nashville community.
Vanderbilt University observes a deferred joining process providing students an opportunity to become better acquainted with being a part of the Vanderbilt community before affiliating with a fraternity or sorority. Students interested in joining a fraternity or sorority may do so during second semester, if they have completed 12 credit hours, are not on disciplinary probation, and meet the grade point average requirements.
You can attend a variety of information sessions and informal activities throughout the fall semester to learn more about the Greek community and explore whether or not you are interested in becoming a member.

INFORMATIONAL EVENTS:
Monday, August 21
Greek Life Information Session
8–9 p.m. • Student Life Center Ballrooms

Monday, August 28
Taste of the Intercultural Greek Council
7–9 p.m. • The Commons Center MPR

Tuesday, August 29
National Pan-Hellenic Council Greek Mystique
7–9 p.m. • The Commons Center MPR

Sunday, September 3
Interfraternity Council Open ‘Dores Recruitment Registration and Open Houses
11 a.m.–4 p.m. • Student Life Center Ballrooms and Greek Row
Panhellenic Recruitment Registration
3–5 p.m. • Student Life Center Ballrooms

My Vanderbilt Experience
vanderbilt.edu/experience
My Vanderbilt Experience (MVE) is a year-long program that provides opportunities for engagement outside the classroom by offering nine tracks focused on topics such as cultural awareness, service and civic engagement, leadership, and more.
Go to our website on a regular basis to review the MVE events and pick the programs that interest you. Your participation is automatically tracked when you attend any MVE event! All you need to do is determine which events in the curriculum appeal to you, attend the event, and you’re on your way to completing your personalized experience! You can view your progress at any time through the My Co-Curricular Programs dashboard of Anchor Link.

If you want to have a well-rounded college experience and establish yourself as a leader on campus, this program is for you. Graduates of MVE are honored at the annual Vanderbilt Awards for Leadership Excellence (VALE) and become part of the Vanderbilt Experience Society, which offers special privileges and opportunities.
GET TO KNOW
Nashville
Nashville Bucket List

Anyone who has ever stepped in the Nashville International Airport has heard the following sentence play over the PA: ‘Hello, this is Trace Adkins. Welcome to the Nashville International Airport. We’re happy to have you.’ Do you think world-famous country stars just show up anywhere and record these messages? No way. Trace knows that people flock from all over the world to Music City. And you get to spend four years here!

This is an incredible compilation of 32 musts, all of them off-campus, all of them integral parts of the city. We’ve combined the famous and the obscure, the world-renowned classics and the best-kept secrets. This is more than a list of tourist attractions: this is the true Nashville experience. Good luck finishing them all!

1. Ryman Auditorium
116 5th Avenue North, 37219
(615) 889-3060
www.ryman.com
When you walk into the Ryman, you’re entering hallowed ground of music history. Formerly a church, the Ryman is known as birthplace of bluegrass, the home of the Grand Ole Opry for over 30 years, and today a globally renowned performance hall. Take a backstage tour of the historic Ryman Auditorium or buy tickets to hear artists ranging from Janelle Monae to Vampire Weekend and all your country favorites. There’s no such thing as a bad seat at the Ryman.

2. Country Music Hall of Fame and Museum
222 5th Avenue South, 37203
(615) 246-2001
www.countrymusichalloffame.org
Celebrating 50 years of honoring country music history and stars, the Country Music Hall of Fame and Museum has been called the ‘Smithsonian of country music.’ This massive museum takes up an entire city block with its unique keyboard shape. You don’t have to be a fan of country music to appreciate the glamour of dresses worn by Dolly Parton, Loretta Lynn, and Reba McEntire or the iconic wall of gold records.

3. Jeni’s Splendid Ice Cream
1819 21st Avenue South in Hillsboro Village or 2312 12th Avenue South
(615) 292-8636
Banana French Toast, Brambleberry Crisp, Chocolate Cinnamon Cayenne Pepper, Goat Cheese with Red Cherries, Pistachio and Honey, Wildberry Lavender, The Milkiest Chocolate in the World. Don’t worry, you can try them all! Jeni’s has arguably the most unique, and definitely the most delicious, ice cream flavors in the world. Walk in, take your time sampling every flavor, and leave satisfied (maybe with a pint to take home).

4. Loveless Café
8400 Tennessee Hwy. 100, 37221
(615) 646-9700 • www.lovelesscafe.com
Biscuits. The perfect biscuits. All the perfect biscuits you can eat. And delicious fresh jam too. We’ll go ahead and repeat this for those of you who weren’t paying attention, or who didn’t understand the significance. ALL THE PERFECT BISCUITS YOU CAN EAT. Loveless is almost a thirty-minute drive from campus, but oh so worth it. This food-coma-inducing café has some of the best comfort food in the Nashville area and will leave you dreaming of buttermilk biscuits and peach preserves.

5. Exit/In
2208 Elliston Place, 37203
(615) 321-3340 • www.exitin.com
Although Nashville is known for country, all genres have a home in Music City and Exit/In has provided that space to musicians from all backgrounds since 1971. Known as one of
the best clubs in Nashville for live rock shows. Exit/In has hosted such acts as The Ramones, Avril Lavigne, Death Cab for Cutie, Etta James, Talking Heads, and The Police. Exit/In prides itself on being the live music venue with Nashville’s sarcastic soul.

6. Monell’s
1235 6th Avenue, 37208
(615) 248-4747
Put away your phone. It’s not allowed at the table. There’s not enough room for your phone anyway with the dozens of mouthwatering, homestyle dishes surrounding you. Fried chicken, mac ‘n cheese, fluffy biscuits, grits, corn pudding, and mashed potatoes cover the entire table, which is saying a lot since all of the tables seat twelve. Communal seating and comfort food combine to give you a true taste of Nashville.

7. Wildhorse Saloon
120 2nd Avenue North, 37201
(615) 902-8200 • www.wildhorsesaloon.com
On June 1, 1994, country music superstar Reba McEntire herded live cattle through the streets of Nashville, down Second Avenue, and past the front doors of the newly opened Wildhorse Saloon. Wildhorse continues to wow Nashville by winning the “Best Dance Club” award two years in a row. It also offers free line dancing lessons and a live band. This 66,000-square-foot warehouse was converted into a restaurant, bar, concert site, dance venue, and TV studio. Put on your cowboy boots and head on over.

8. Play
1519 Church Street, 37203
(615) 322-9627
Play is one of Nashville’s favorite dance clubs. The club is also the most popular gay bar in town, but everyone is welcome! Wednesday night is college night, and with a flash of your Commodore Card, you can get in for free and see some of the best drag shows this city has to offer.

9. Pancake Panry
1796 21st Ave S., 37212
(615) 383-9333
Why would anybody eat anything besides breakfast food? The line that wraps around the block every Sunday morning for these pancakes is a testament to that statement. From sweet potato pancakes with cinnamon sugar syrup to a classic stack of hotcakes, your mouth will be watering the second you step inside. The line is definitely worth the wait for the best pancakes in Nashville!

10. Tennessee Performing Arts Center (TPAC)
505 Deaderick Street, 37243
(615) 782-4040 • www.tpac.org
Did you catch the theater bug in high school? Or do you have no musical talent of your own but still belt Rent off-key in the car? Each year, a number of Broadway shows, musicals, and comedy acts rotate through TPAC’s performance halls in front of audiences full of aspiring actors and performing arts fans alike. TPAC is also the home of the Tennessee Repertory Theatre, the Nashville Ballet, and the Nashville Opera. Can’t get tickets to see Hamilton? Check out another musical about another figure from U.S. history when TPAC puts on Bloody, Bloody Andrew Jackson this fall!

11. Predators Hockey Game
501 Broadway, 37203
(615) 770-2355 • www.predators.nhl.com
Smashville is the home of the Predators. Fresh out of their success as 2017 Stanley Cup Championship Runner-Ups, Bridgestone Arena is turned into a madhouse, a boiling sea of yellow and blue, every night that the Predators play. Go crazy as your cheer for every hard hit and buzzer-beating goal. In Smashville, hockey is more than a game: it’s a lifestyle.

12. Frist Center for the Visual Arts
919 Broadway Avenue, 37203
(615) 244-3340 • www.fristcenter.org
Inside this striking Art Deco building are some of the best art exhibits Nashville has to offer. The Frist aims to inspire people through artwork to look at the world in new ways, which is does through exhibits centered on a variety of medium from classic cars to music videos. Located close to campus on Broadway, students can visit the Frist for free on Thursday and Friday nights.

13. Café Coco
210 Louise Avenue, 37203
(615) 321-2626
Need a place to hunker down for an all-night study session? Searching for the perfect
French fries at 2 a.m.? Look no further than this 24-hour café. Café Coco blurs the lines between coffee house, restaurant, and music venue. Drop by to listen to innovative new music acts, as well as pick up on up-and-coming trends before they catch on. You’re just as likely to see Vandy students studying here as a group of Swedish out-towners rehearsing their hip hop dance routine.

14. Permanent Exhibition of the Civil Rights Movement in Nashville at the Public Library
615 Church Street, 37219
(615) 862-5800 • www.library.nashville.org/civilrights/home.html
This exhibit tells the powerful story of the thousands of African American citizens in Nashville who sparked a nonviolent challenge to racial segregation in the city and across the South. Among their leaders was James Lawson, a Vanderbilt Divinity School student who was expelled from school for his involvement in the movement and returned decades later as a Distinguished University Professor. Visit this special room at the main branch of the Nashville Public Library to get a glimpse at Nashville’s turbulent and vibrant history with the Civil Rights Movement.

15. Schermerhorn Symphony Center
1 Symphony Place, 37201
(615) 687-6500 • www.nashvillesymphony.org
The Schermerhorn is home to the acclaimed Nashville Symphony and hosts concerts of a variety of musical genres. Whether you’re craving classical, pop, cabaret, choral, jazz, or blues, the Schermerhorn will get you your musical fix. Register for SoundCheck, a program that allows college students to purchase two tickets to classical music performances for just $10 each. Challenge: Try saying the name of the symphony center out loud.

16. The Bluebird Café
4104 Hillsboro Pike, 37215
(615) 383-1461 • www.bluebirdcafe.com
Chris Tompkins and Josh Kear wrote “Before He Cheats” the song made famous by Carrie Underwood. Imagine chilling in a 90-person venue while the two of them perform their hit song. Sounds pretty intimate. That’s what the Bluebird Café is known for, that and its frequent appearances in the CMT drama Nashville. Twice a day, seven days a week, patrons can hear the songwriters behind some of nation’s largest hits showcase their new material.

17. Shakespeare in the Park
161 Rains Avenue, 37203
(615) 255-2273 • www.nashvilleshakes.org
As the Bard himself once wrote, “All the world’s a stage,” and that includes Centennial Park. Grab your friends (bring blankets to spread out on the grass) and enjoy Shakespeare in the Park, free festival nights featuring incredible performances of Shakespeare plays and plenty of yummy food truck offerings.

18. Ice-Skating at Centennial Sportsplex
222 25th Avenue North, 37203
(615) 862-8480 • www.nashville.gov/sportsplex
Time to show off your skating skills! At Centennial Sportsplex, students can ice-skate at a discount price year round. Whether you’re the next great Predators player or attached to the wall all night, skating with friends is always a good time. Afterwards, grab some hot chocolate to warm up, you’ve earned it.

19. Edwin and Percy Warner Parks
www.nashville.gov/parks-and-recreation/parks/warner-parks.aspx
If you’re looking to stretch your legs and take a hike in one of Tennessee’s most expansive and beautiful parks, find your escape at the Warner Parks. Explore the Nature Center, have a picnic, or convince the locals to let you pet their dogs. Break out your Chacos and score an artsy Instagram pic while getting acquainted with Nashville’s green space.

20. VN Pho and Deli
5906 Charlotte Pike, 37209
(615) 356-5995
This recommendation comes from a former VUceptor who also happens to be from Vietnam. It’s easy to drive right past this hole-in-the-wall place without ever noticing it. But step inside, and you’ll discover one of the hottest deals in the Nashville food scene. VN Pho offers enormous bowls of high quality Pho and delicious BBQ pork bánh mi for jaw-dropping low prices. Come with a stretchy waistband and a pocket full of bills, this little shop is cash only.

21. Lonnie’s Western Room
308 Church St., 37201
(615) 828-7971
Nashville is jam-packed with up-and-coming singers and songwriters, so why not give your voice? Nashville’s #1 karaoke bar is the perfect spot to out songs with a group of friends (or strangers). Plus, you never know what stars might drop by to join you on stage!

22. Belcourt Theatre
2102 Belcourt Avenue, 37212
(615) 846-3150 • www.belcourt.org
Are you a fan of classic cult films or a film junkie trying to keep up with the latest indie movies? Look no further than the Belcourt. This 80-year-old theatre just reopened last summer after extensive reservations. Their infamous annual Halloween Weekend screening/performance of Rocky Horror Picture Show draws audience members from all over the country.
Students can find out how to get free tickets to shows at the Belcourt by visiting www.vanderbilt.edu/lincx.

23. Nashville Zoo
3777 Nolensville Pike, 37211
(615) 833-1534
Lions, tigers, and bears, oh my! Spend an afternoon getting acquainted with Nashville’s furry residents as you explore the Nashville Zoo and Grassmere Historic Home. Visitors can wind through the path of the Kangaroo Kickabout and interact with 18 red kangaroos (if they’re feeling social that day) or drop by Lorikeet Landing to feed the parrots. This impressive 200-acre zoo is bursting with opportunities to explore!

24. Pinewood Social
33 Peabody St. 37210
(615) 751-8111
This is not your grandmother’s bowling alley. Pinewood Social is a trendy Nashville hangout featuring a coffee shop, bar, restaurant, karaoke lounge, and outdoor patio all combined into one. Did we mention the six vintage bowling lanes where you can show off or strike out with your friends? Featuring New American cuisine and a waterfront view, this is the perfect place to kick back.

25. Grimey’s New and Preloved Music
1604 8th Avenue South, 37203
(615) 254-4801
Did you convince your parents that you absolutely need to bring your record player to college? Grimey’s is a must for anyone who loves music. This place offers an unbelievably wide selection of records and music memorabilia, all in a seriously cool homestyle environment. Grimey’s also frequently puts on live performances, featuring indie luminaries such as Grimes and Mac DeMarco and mainstream legends like Metallica and John Hall from Hall and Oates. You don’t have to be a vinyl fanatic to be blown away by Grimey’s.

26. The Wild Cow
1896 Eastland Ave, 37206
(615) 262-2717
In the barbecue-rich South, the Wild Cow is an absolute must for all vegan and vegetarian Commodores. The Wild Cow features house-made sauces that people can’t get enough of served with all natural and delicious food. A tasty meal paired with awesome ambiance may even convince your skeptical meat-eating friends to take a trip out to East Nashville with you!

27. Live on the Green
1 Public Square, 37201 • www.liveonthegreen.com
Looking to jump right into the benefits of living in Music City, USA? Live on the Green is a free music festival held in the heart of downtown on Thursday nights in the fall, culminating in an all-day weekend festival. Go unwind after a long day of classes, mingle with people from all over Nashville, snack on delicious food truck offerings, and listen to great music! Previous performers include Passion Pit, Cage the Elephant, and Ingrid Michaelson.

28. Love Hill
Love Circle, 37212
Follow a winding residential street located right behind the rec center and you’ll be rewarded with a little workout (the hill is steep!) and one of locals’ favorite hidden spots. Love Hill is great for picnicking, watching the sunrise over a stunning view of the Nashville skyline, or just for a little romance. Find a better view of the city, we dare you!

29. John Seigenthaler Pedestrian Bridge
Symphony Place and 1st Avenue, 37213
Steps away from the bustle of Broadway, this bridge connects downtown to East Nashville with parks on each side and beautiful views of downtown and the Cumberland River. For a beautiful morning run or a quick break from the library to clear your head, this is the perfect place to enjoy Nashville’s beautiful weather. There’s a reason your upperclassmen friends all have LinkedIn headshots on the Pedestrian Bridge.

30. Centennial Park and the Parthenon
Reawaken your childhood obsession with Percy Jackson or just pretend you’re in Athens when you visit this full-scale replica of ancient Greece’s original Parthenon. Just a quick walk across West End from main campus, use your Commodore Card to get in for free. Check out some interesting art exhibits or beg the 42-foot statue of Athena for help on your Calc midterm (if the goddess of wisdom can’t help you, no one can). The surrounding park is always alive with festivals, craft fairs, food trucks, and more!

31. Grand Ole Opry
2804 Opryland Drive, 37214
615-871-OPRY
With its first broadcast in 1925, the Grand Ole Opry is the world’s longest running live radio program. It made Nashville famous and is one of the reasons Nashville is called Music City. Go on a behind the scenes tour, and you’ll be able to sing on the same stage as Dolly Parton, Brad Paisley, and every country star you can think of.

32. Prince’s Hot Chicken
123 Ewing Drive #3, 37207
615-226-9442
One of the more dangerous items on the list is Prince’s, the original home of Nashville’s famous hot chicken. Hot is an understatement; this is not for the faint of heart. This legendary dish has had locals’ mouths watering for almost 100 years. Hot chicken has taken over the South, but Prince’s maintains the gold standard.
Passport to Nashville
student.org.vanderbilt.edu/vsg/project/passport-to-nashville

This program allows students to visit some of Nashville’s tourist attractions free of charge. You must present your Commodore ID and mention “Passport to Nashville” in order to access free admission at these venues:

Adventure Science Center • Country Music Hall of Fame • Frist Center for the Visual Arts • The Hermitage • Johnny Cash Museum • The Parthenon • Ryman Auditorium • Schermerhorn Symphony: Classical Music Series

Upcoming Runs in Nashville
Race 13.1 Nashville
September 2, 2017
race131.com/races/race-13-1-nashville-tn/details

Music City Mutt Strut 5K
Benefiting the Nashville Humane Association
September 16, 2017
nashvillehumane.org/Events/Music_City_Mutt_Strutt

Rock & Road Marathon
October 21, 2017
rockandroadmarathon.racesonline.com

Nashville Half-Marathon, Marathon, and 5K
November 11, 2017
whatdoyourunfor.com/races/2017-nashville-half-marathon

Harpeth Hills Flying Monkey Marathon
November 19, 2017
www.harpethhillsmarathon.com/index.html

International Markets
Al Sanabil Bakery and Market
Middle Eastern, halal
18 East Thompson Lane
(615) 333-3793

Aleksey’s Market
Russian and Central European
718 Thompson Lane
(615) 383-0071

International Food Mart
Middle Eastern, halal
2855 Logan St (corner of Thompson Lane)
(615) 333-9651

International Market & Restaurant
Asian, Thai
2010 Belmont Blvd (walking distance)
(615) 297-4453

K&S World Market
Huge global supermarket, Asian and Mexican specialties
5861 Charlotte Pike
(615) 356-8771

Nashville Farmers Market
Lots of ethnic eateries and Shreeji International Market for Asian, South Asian, Middle Eastern, and Mediterranean
900 Rosa L. Parks Blvd.
(615) 880-2001

Upcoming Nashville Festivals
Celebrate Nashville Cultural Festival
Saturday, October 7, 2017
celebratenashville.org

Centennial Craft Festival
Friday, September 22–Sunday, September 24
tennesseecraft.org/events/craft-fairs

Southern Festival of Books
Friday, October 13–Sunday, October 15
humanitiestennessee.org/programs/southern-festival-books-celebration-written-word

Tennessee State Fair
Friday, September 8–Sunday, September 17
tnstatefair.org

Nashville African Street Festival
Friday, September 22–Sunday, September 24, 2017
aacanashville.org/#/st-festival/4527205586

International Black Film Festival of Nashville
Thursday, October 5–Sunday, October 8, 2017
ibffevents.com

Nashville Jewish Film Festival
Sunday, October 17–Wednesday, November 11, 2017
nashvillejff.net
Popular Restaurants

No matter what kind of food you enjoy, Nashville has it. From country cooking to ethnic foods from all over the world, great dining awaits you just off the edge of campus. Here are our local favorites!

To find the areas of the following restaurants, look at the map for the corresponding colors.

**Dining on a Budget**

Nashville is nationally recognized for its exciting restaurant scene. However, when looking for fine dining, expensive menus often come with the territory. Fortunately, there are plenty of new and delicious places serving great food that won’t break the bank. Affordable dining options will have a star (*) beside their names.

**Restaurants in red text** are part of the Taste of Nashville (TON) program where you can pay with Meal Money. See Meal Plan, page 68, for more information and for on-campus TON locations.

**Edgehill Area**

- **Bella Napoli** (Wood-fire pizzas on a brick-lined patio)
- **Edgehill Café** (Music Row hangout for coffee and light lunches)
- **Legato Gelato** (Tons of gelato flavors in a ‘50s-inspired shop)
- **Nomzilla!** (Inventive takes on sushi in a vibrant restaurant)
- **Taco Mamacita** (Creative Mexican-inspired food with an amazing patio)

**Hillsboro Village**

- **Cabana** (Upscale Southern food served in your own private cabana)
- **Double Dog’s** (Dog-friendly sports bar with American fare)
- **Fido** (One of Nashville’s favorite hangouts. Fair trade coffee and organic menu)
- **Grilled Cheeserie Gourmet Melt Shop** (Gourmet grilled cheese sandwiches and nostalgic treats)
- **Jackson’s Bar and Bistro** (Cozy bistro with Southern-accented American fare)
- **Jeni’s Splendid Ice Creams** (Creative flavors and local ingredients; a student favorite)
- **Kay Bob’s** (Modern restaurant with American dishes served in a Mediterranean style)

**21st Avenue/Broadway Area**

- **Bruegger’s Bagels** (Breakfast food)
- **Chipotle Mexican Grill** (Mexican-style burritos and tacos)
- **Chuy’s Tex-Mex Restaurant** (A loud and fun Mexican restaurant)
- **Donato’s (Crispy pizza and oven-baked subs in a trendy area)**
- **Hattie B’s Hot Chicken** (One of the best places to get Nashville’s signature dish)
- **JJ’s Market and Café** (Lunch food and coffee, as well as nicer grocery options)
- **Mellow Mushroom** (A quirky pizza restaurant with fun weekly trivia nights)
- **Panera** (Sandwiches, soups in bread bowls, and cookies)
- **SATCO** (Soft tacos and heavenly queso)
- **Soulshine Pizza** (Bar, music venue, and restaurant serving creative pizza)
- **Sultan’s Grill** (Mediterranean cuisine and smoothies)
- **Starbucks** (Good coffee and tea that is always consistent)
- **The Row** (Southern food and drink in a rustic-chic space with live music)
- **Two Boots** (Delicious pizza by the slice)
- **Urban Cookhouse** (Sandwiches, salads, and entrees made with local produce)

**Belmont Area**

- **Bongo Java** (Hipster coffee spot serving fair trade and organic meals)
- **Blvd Nashville** (A modern restaurant serving a rotating menu of French food)
- **Chago’s Cantina** (Mexican and Pan-Latin food inspired by the beaches of Baja California)
- **Kalamatas** (Mediterranean food in a modern-rustic space)
- **International Market & Restaurant** (Delicious and authentic Thai food inside an Asian grocery)
- **Martin’s Bar-B-Que Joint** (Legendary West Tennessee whole-hog barbeque)
- **PM** (A trendy Thai restaurant with surprisingly great burgers as well)
- **Proper Bagel** (NY-style bagel shop with every flavor of cream cheese you can imagine)

**Demonbreun Area**

- **Desano Pizza** (Artisan pizza that maintains a casual feel)
- **Etch** (Generally regarded as the best restaurant in Nashville)
- **Salsa Restaurant** (Puerto Rican and Caribbean food in a space that is also a Latin dancehall)
- **South** (Modern Southern food in an industrial space)

**12 South Area**

- **Bartaco** (Creative tacos in a stylish space)
- **Burger Up** (Grass-fed burgers with organic sides in a trendy space)
- **Five Daughter’s Bakery** (Home of the decadent one hundred-layer donut)
- **Flipside** (Countless variations of pan-sautéed chicken, served with lots of course)
- **Frothy Monkey** (A cozy coffeehouse with an impressive menu)
- **Las Paletas** (Flavorful desserts that will change your mind about popsicles)
- **MAFIAoZA’s Pizza** (Italian restaurant that is committed to authenticity in look and flavor)
- **Edley’s Bar-B-Que** (A must for any fans of Southern BBQ)
- **Sloco** (Gluten-free sandwich and lunch spot in a public art space; celebrity chef)
- **Taqueria del Sol** (A Tex-Mex spot in a bright and pleasant environment)
- **Urban Grub** (A rustic spot serving upscale Southern and seafood)
West End Area

Atmology (Home turned comfy coffee shop with distinct meeting spaces)
Amerigo (American and Italian food in a nice space)
* Bread & Company (Sandwiches, salads, and soups all served at their own stations)
BrickTop’s (Upscale American food in a nice space)
* Chill’s (All types of food and dessert made quickly and consistently)
* Cookout (Cheap fast food and great milkshakes served all night long)
* Five Guys (Delicious burgers and an unreal amount of fries)
* Golden Coast (A daily buffet with takeout and standard Chinese options)
Goten (A Nashville hot spot serving upscale, hibachi-style Japanese food)
J. Alexander’s (An American-restaurant with nice presentation)
* Jason’s Deli (Delicious deli options with a salad buffet and free ice cream)
Jimmy John’s (Quickly made sandwiches and more)
Maggiano’s (Semi-upscale chain with classic Italian fare)
Moe’s Southwest Grill (Tex-Mex fast food open late)
Newk’s Eatery (Soups, sandwiches, and pizza with some great ingredients)
Papa John’s (Pizza for delivery or carry-out)
P.F. Chang’s (Upscale Chinese food)
Papa John’s (Pizza for delivery or carry-out)
Pizza Hut (A classic American restaurant with burgers and steaks)
Qdoba (Mexican fast food place open late)
Sitar (Very good Indian food with a buffet)
Starbucks (Reliably good coffee and tea)
Taziki’s (Mediterranean café)
Three Brothers Coffee (Free trade coffee in a unique, comfortable space)
Tin Angel (Brick-walled vintage place with a Mediterranean flair)
* Wendy’s (Fast food burgers and salads)
Woodlands (A great Indian vegetarian place that delivers)

The Gulch

Barista Parlor (Hip industrial venue with artisanal coffee)
Biscuit Love (A food truck offshoot with creative breakfast dishes and lots of biscuits)
Burger Republic (Gourmet burgers and amazing milkshakes)
Cantina Laredo (An upscale Mexican restaurant)
Party Fowl (Festive spot for spicy fried chicken)
Peg Leg Porker (Old school BBQ with a downtown view)
Sambuca (An upscale American restaurant with a large lunch buffet)
Watermark (Upscale Southern food in a modern space with rooftop seating)
Whiskey Kitchen (Warm wood décor and typical tavern food)

Elliston Place Area

Café Coco (A diverse menu with lots of coffee choices, open 24 hours)
Chop Shop (Large choice of fresh salads and wraps)
Elliston Place Soda Shop (50s-style diner with great milkshakes)
IHOP (Consistent and quick breakfast food chain)
Jamba Juice (Nutritious juices and energy bowls)
Logan’s Roadhouse (A classic American restaurant with burgers and steaks)
Michaelangelo’s Pizza (A Greek-inspired pizza restaurant open late)
Nama Sushi (Slightly upscale with half-price nights a few days a week)
Obie’s Flying Tomato Pizza (A pizza place with a halal menu that delivers)
Rotier’s (A small, cool pub-like space serving great burgers and fries)
Samurai (A cozy restaurant serving straight up sushi)
Satay Thai Grill (Delicious and dependable with an incredible nice staff; great boba tea)
Smoothie King (Several smoothie options with ingredients centered on fitness)

Downtown and Germantown

Acme Feed and Seed (Multi-level venue with a rooftop bar overlooking downtown)
Germantown Café (An eclectic Southern menu with a great view of downtown)
Jack’s BBQ (Southern food and BBQ that’s worth the drive)
Monell’s (Classic Southern food; you can taste the heart)
Nashville Farmers’ Market (A sample of Nashville’s flavors)
Nuvo Burrito (Vegetarian and Tex-Mex)
Old Spaghetti Factory (Inside it looks like the Titanic, and it serves great Italian food)

Elliston Place Area

* Café Coco (A diverse menu with lots of coffee choices, open 24 hours)
* Chop Shop (Large choice of fresh salads and wraps)
* Elliston Place Soda Shop (50s-style diner with great milkshakes)
* IHOP (Consistent and quick breakfast food chain)
* Jamba Juice (Nutritious juices and energy bowls)
* Logan’s Roadhouse (A classic American restaurant with burgers and steaks)
* Michaelangelo’s Pizza (A Greek-inspired pizza restaurant open late)
* Nama Sushi (Slightly upscale with half-price nights a few days a week)
* Obie’s Flying Tomato Pizza (A pizza place with a halal menu that delivers)
* Rotier’s (A small, cool pub-like space serving great burgers and fries)
* Samurai (A cozy restaurant serving straight up sushi)
* Satay Thai Grill (Delicious and dependable with an incredible nice staff; great boba tea)
* Smoothie King (Several smoothie options with ingredients centered on fitness)

8th Avenue/Franklin Pike

A Matter of Taste (Lots of sandwich options; gluten free friendly)
Arnold’s Country Kitchen (An authentic Southern place with lots of options)
Athens Family Restaurant (A Greek and Mediterranean menu in a homey space)
Eight and Roast (Comfy café with gourmet java and a trendy vibe)
The Smiling Elephant (Authentic Thai food in a small place; worth the wait)

Charlotte Avenue

* Best of India (Indian and Pakistani dishes with a huge buffet)
* Bobbie’s Dairy Dip (Ice cream and burgers served from a walk-up menu)
Coco’s Italian Market and Restaurant (A small grocery attached to this classic Italian place)
Kien Giang (A small and informal place selling delicious Vietnamese dishes; cash only)
Korea House (Authentic Korean food with excellent food and service)
VN Pho and Deli (Vietnamese dishes)

Taste of Nashville (TON)

Take Out and Delivery Only

Best Wok
Domino’s Pizza
Papa John’s
Roma Pizza & Pasta
Sixteen Useful Stores

You can get a lot of your needs met on campus by shopping at the Barnes and Noble at Vanderbilt Bookstore and the campus markets. For larger shopping trips, this map shows the location of several malls, discount stores, and grocery stores. Before you buy items for your room, please check the Housing FAQ to learn which items are not allowed in residence halls.

1. **Walmart Supercenter and Lowe’s Home Improvement Stores**
   - 7044 Charlotte Pike (Walmart) (615) 352-1240
   - 5861 Charlotte Pike (Lowe’s) (615) 356-9223

2. **K & S World Market**
   - 5861 Charlotte Pike (615) 356-8771

3. **Target**
   - 26 White Bridge Road (615) 352-8461

4. **Publix Supermarket**
   - 4324 Harding Pike (615) 279-2038

5. **Piggly Wiggly Supermarket**
   - 2900 West End Avenue (615) 327-4187

6. **Rite Aid Pharmacy**
   - 2416 West End Avenue (615) 340-9544

7. **Office Depot**
   - 2312 West End Avenue (615) 340-9544

8. **CVS Pharmacy**
   - 426 21st Avenue South (615) 321-2590

9. **Kroger Supermarket, Hillsboro Village**
   - 2201 21st Ave S (615) 981-8847

10. **The Mall at Green Hills**
    - 2126 Abbott Martin Road (615) 298-5478

11. **Kroger Supermarket, Green Hills**
    - 2131 Abbott Martin Rd (615) 297-7531

12. **Trader Joe’s, Green Hills**
    - 3909 Hillsboro Road (615) 297-6560

13. **Whole Foods, Green Hills**
    - 4021 Hillsboro Road (615) 440-5100

14. **Walmart**
    - 2421 Powell Ave (615) 383-3844

15. **Home Depot**
    - 2535 Powell Avenue (615) 269-7800

16. **100 Oaks Shopping Center**
    - 719 Thompson Lane (615) 383-6002

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**Free Shuttle to K&S World Market and Walmart**
(for international students only)
**Friday, August 18**
2:15–6 p.m.
VUceptors will accompany international students. Buses depart at 2:15 p.m. from the University Club parking lot (Lot 40).
Co-sponsored by Vanderbilt Student Government and VUcept

**Free Shuttle to Target Store**
(for all Vanderbilt undergraduates)
**Sunday, September 3,**
Noon–3:00 p.m.
Buses depart every 30 minutes from the corner of 18th Avenue and Horton Avenue and return every 30 minutes with the last one leaving the store at 3:00 p.m.
Nuts + Bolts
Your Card Access to the Residence Halls

Main Portals
As a resident of your building, you have 24/7 access to your building through a designated “main portal.” In most cases, these are the architectural “front doors” of the residence halls.

Common Areas
Certain areas within each building are considered “common areas.” These include some lobbies, seminar rooms, laundries, etc. If access to common areas is separated from residential floors or parts of floors, all students can access the common areas 24/7 through the main portals.

Upperclass Areas
In upperclass residence halls, the residents of those halls have access to their residence halls only. In other words, non-residents do not have card access to any parts of other residence halls. The only exception is that all undergraduate students can access Carmichael Towers in order to get to Rocket Subs in the basement of Carmichael Towers West.

Residential Floors
Card access to residential floors of a building is restricted to residents of that building 24/7. If you want to visit a residential floor of another building, a resident of that other building who has card access privileges to that floor must escort you. The host resident is then responsible for the presence and actions of their guest(s).

Access to Other Floors
Within buildings where males and females live on separate floors, all female residents have 24/7 card access to female floors, and all male residents have 24/7 card access to male floors of their own buildings. Between noon and midnight, seven days a week, all residents of a building have card access to all residential floors of their building. Between midnight and noon, students of one sex can gain access to a floor of the opposite sex but only if escorted by a resident of that floor. The host resident is then accountable for the presence and actions of their guest(s).

Exceptions
Some access points differ from these guidelines for security or architectural reasons.

Changes
Access policies are subject to change at any time.

The Commodore Card Is Your “Key” to Your Residence Hall and Floor
All exterior house entrances and entryways (stairwells and elevators) to residential floors are controlled by a card access system 24 hours per day, 365 days per year.

To access your house and floor, tap your card on the card reader located at the entryway. On elevators, tap your card before pressing the button for your floor. One deliberate card tap is generally sufficient.

Quick Guide to the Commodore Card
One of the most important items you will need as a Vanderbilt student is your Commodore Card. It is your:

1. University identification
2. “Key” to your residence hall and floor
3. “Key” to food (meal plan, meal money)
4. “Commodore Cash” for the bookstore, laundry, Commodore Cabs taxi, athletic events, VUprint printing, and many other services
5. Library card to check out items such as books, films, and laptops
6. “Ticket” to ride the Nashville bus system

To add Commodore Cash, check your account activity and balance, or find more information about the Commodore Card, check out vanderbilt.edu/commodorecard.

Commodore Card GET App
Manage your Commodore Card with the GET app. Check balances, add funds, mark your card lost or found, and even pay for purchases at some locations. Search the Google Play and Apple App stores for “CBORD GET” or go to vanderbilt.edu/cardservices/
The First-Year Student Meal Plan

Your meal plan can be used in 22 locations across campus. You will be able to choose from a large variety of foods and serving styles to meet your tastes.

The First-Year Meal Plan Includes:

• 3 meals daily—You choose 3 of the 4 offered meal periods (1 meal per meal period)
• $175 Meal Money per semester (5 Flex Meals per semester)

Meal Periods:  
 Period 1: Midnight–7 a.m.  
 Period 2: 7 a.m.–11 a.m.  
 Period 3: 11 a.m.–4:30 p.m.  
 Period 4: 4:30 p.m.–11:45 p.m.

A "Meal" is a complete combination of items from the menu that composes a meal. That combination may differ from one dining location to another, depending on the menu and type of service offered. At each location, signs define the items that compose a meal at that venue. Meals may be used at all 22 locations.

Meal Money can be used to tailor the plan to your specific needs. Get an extra entrée, side, or dessert with Meal Money. It can be used at all on-campus locations, vending machines, and campus markets. Meal Money can also be used off-campus at 28 partner restaurants in the Taste of Nashville Program.

Flex Meals can be used anytime to offer flexibility. Use one for yourself to get an extra meal in a meal period or to treat someone else. Add Flex Meals online anytime. 

Taste of Nashvilile (TON) allows you to use your Commodore Card just as you would a debit/credit card at our partner restaurants. Purchases at Taste of Nashville locations are charged against your Meal Money. (“Meals” and “Flex Meals” cannot be used off-campus.) Visit campusdining.vanderbilt.edu/taste-of-nashville/ for the complete list of participating restaurants and to place orders online for delivery. See pages 63-64 for TON restaurants and their locations.

Individual Dietary Accommodations: Vanderbilt Campus Dining is equipped to serve students who have food allergies, health conditions, or religious restrictions. For details, see campusdining.vanderbilt.edu/vu-meal-plans/nutrition/individual-dietary-accommodations/.

Campus Markets offer fresh fruits and vegetables, snacks, beverages, grab-n-go sandwiches and salads, fresh baked goods, plus health and beauty items, bookstore supplies, and more. You may use a Meal Plan, Flex Meal, or Meal Money at all campus markets.
**INSIDER TIPS**

Rand lunch rush is very crowded but clears up pretty quickly. Try to go at 12:30 to avoid the lines—that way you can have 30 minutes to do something else and then can quickly get your food. Or check out Bamboo Bistro in Alumni or Last Drop Coffee Shop in Sarratt instead.

You can combine REAL food with MUNCHIE FOOD at The Kitchen at Kissam!
Getting Around

You can walk from one end of Vanderbilt’s campus to the other in 20 minutes. Many restaurants and other attractions are in walking distance from campus. However, there are also many other transportation options.

**Getting Around Campus by Van at Night**

**Vandy Vans** vandyvans.com

The vans run daily from 6 p.m. to 3:30 a.m. and are managed by the Vanderbilt University Police Department. An ADA-compliant shuttle runs one of the routes but will divert to any designated Vandy Van stop as needed.

**ROUTE STOPS**

**Main Route (BLACK)**—Branscomb Quad, Carmichael Towers, Kissam-Kirkland, 21st near Terrace Place, Wesley Place, 1801 Edgehill, Hank Ingram, Highland Quad (Morgan)

**Perimeter Route (GOLD)**—Branscomb Quad, Carmichael Towers, Kissam-Kirkland, 21st near Terrace Place, MRB III, North House, Blair School of Music, Highland Quad (Morgan), McGugin Center, VUPD, Barnes & Noble Book Store (West End Ave.)

**Reverse Route (RED)**—Branscomb Quad, VUPD, Highland Quad (Morgan), Blair School of Music, Hank Ingram, Carmichael Towers

To get a visual of where the stops are, see the campus map on page 36 or go to vandyvans.com

**Getting Around by Bike**

**Bring Your Own**

If you bring your own bike, make sure you have a U-lock to secure your bike. Also, for additional precaution, register your bike through Operation ID at police.vanderbilt.edu/staff_student/registerpossessions.php.

**Rent One through VanderBIKES**

vanderbikes@vanderbilt.edu or visit their store in Rand next to Pi & Leaf.

**Getting Around Campus on Foot at Night**

**Safety Escorts**

Vanderbilt University Police Department also provides safety escorts to students walking to and from any location on campus during the nighttime hours. All you have to do is call (615) 421-8888 (cell phone) or 1-8888 (on campus).

**Getting Around Town on Four Wheels**

**Rent a Car through Zipcar or Enterprise CarShare**

vanderbilt.edu/traffic_parking

Zipcar and Enterprise CarShare are membership-based car sharing services for Vanderbilt students. You can drive cars by the hour or day, any time of the week, for running errands, going to the airport, shopping, visiting family, and more. Members can reserve the car online or over the phone. Gas, maintenance, insurance, and campus parking are all included in the cost. Cars are conveniently located around campus, including Magnolia Circle on Peabody. For current program costs, check their respective websites.
Get to Target with the Commodore Express (for Free)

studentorg.vanderbilt.edu/vsg
Vanderbilt Student Government sponsors the Commodore Express to Target on Sunday, September 3, from noon to 3 p.m. Buses depart every 30 minutes from the corner of 18th Avenue and Horton Avenue and return every 30 minutes with the last one leaving the store at 3 p.m.

Get to the Airport with the VSG Airport Shuttles (for free)

studentorg.vanderbilt.edu/vsg
The VSG Airport Shuttles operate on major holidays and breaks to offer affordable, reliable, and convenient bus transportation to Vanderbilt undergraduates from campus to the airport and back. Airport shuttles leave from Hank Ingram Circle and Branscomb Circle on Friday, November 17, for Thanksgiving break and on Friday, March 2, for spring break. Further details will be provided in the weeks leading up to each date.

Get a Cab and Pay with Your Commodore Card

nashvillecab.com
You can use Commodore Cash on your Commodore Card to pay for cabs around Nashville. Diamond and Allied Cab are the only companies to accept the card. Make sure to ask your driver if they take Commodore Cash. Two students may split fares.

Get an Uber or Lyft (Popular On-Demand Car Service with Reasonable Prices)

Uber and Lyft allow you to request private drivers through applications for iPhone and Android devices. The services send the nearest driver to your location. The services provide a cashless solution that charges your ride directly to the credit card on file with your account. If you have questions about Uber and Lyft and how to sign up, refer to their websites. Uber accepts Commodore Cash.

Take a Nashville MTA Bus (Free for Vanderbilt Students)

nashvillemta.org
You can ride buses around Nashville to various malls and sightseeing locations with just a swipe of your Commodore Card. Pick up bus schedules in The Commons Center by the post office, the Rand Post Office, or go to the MTA website.

Mail Services on Campus

(615) 322-2934 • vanderbilt.edu/mailservices

Mailing Instructions

Remember that all mail and packages sent to you, whether via the U.S. Postal Service, FedEx, UPS, or any other carrier, must be sent to your PMB address at 2301 Vanderbilt Place.

Station B Post Office in Rand Hall

You can pick up your mail at the Station B Post Office on the lower level of Rand Hall. Station B offers all USPS services except money orders and passports.

Post Office Window:
Monday–Friday, 8 a.m.–4 p.m.

Package Window:
Monday–Friday, 8 a.m.–4 p.m.
“Open until 5 p.m. during the first three weeks of each semester
Saturday, 8 a.m.–Noon”
“Package window only and during semester hours only

The Commons Center Post Office

The Commons Center, 2nd Floor
(615) 322-8123
You get all USPS services here except for money orders and passports.
Monday–Friday, 8 a.m.–4 p.m.

Picking Up Mail and Packages

First-class mail is sorted and placed in your virtual mailbox daily by 10 a.m. All other items (e.g., registered, USPS Express, certified, insured, priority, DHL, UPS, and FedEx) are inventoried and assigned a pickup location. You receive a package pickup notification email for each package received in your name.

For answers to questions about shipping, deliveries, or pickup, please call or visit their website.
**Words You Need To Know**

Vanderbilt has its own a unique vocabulary. The barrage of acronyms and other abbreviations can be pretty intimidating at first. We present this section in hopes that the campus vernacular doesn’t add any more awkward moments into your first year than necessary.

**Anchor Dash**: Traditional annual tailgate for first-year and transfer students; afterwards, the first-year and transfer students rush the field before the Commodore football team enters the stadium.

**Brookie**: Mix between a brownie and a cookie, can be found at Rand and sometimes at The Commons Center

**Fall for the Arts**: Annual fall festival on The Ingram Commons that celebrates arts and creativity

**Houses**: Refers to the ten residential halls on The Ingram Commons

**Mayfield**: Living-Learning Lodge; part of the Highland Quadrangle

**Memorial**: Either Memorial Gym or Memorial House on The Ingram Commons

**Munchie**: Also known as “Munchie Mart,” the Varsity Market in various residence halls where you can use your Commodore Card to buy meals, snacks, and other items of convenience

**“On the card”**: If something is “on the card,” it can be paid for either by using Meal Money or Commodore Cash.

**Quake**: Short for “Commodore Quake,” Vanderbilt’s homecoming concert, which has in the past brought several huge artists such as Kendrick Lamar and Kanye West

**Randwich**: Specially made sandwiches in Rand Dining Center

**Rites**: Short for “Rites of Spring,” the two-day music festival that occurs at the end of spring semester on Alumni Lawn

**Scomb**: The Branscomb Quadrangle where mostly sophomores live; at the heart of campus

**The Bridge**: Bridge that connects main campus and Peabody

**The Hustler**: Student newspaper that appears every Monday and Thursday

**The Rec**: The Recreation and Wellness Center (see page 44)

**The Wall**: Area right outside of Rand Dining Center; this is a lunchtime hangout and area for student organizations to publicize events

**Towers**: Carmichael Towers; these four residence halls on West End Avenue are home to mostly juniors and seniors

**Vandy Van**: Shuttles that run across campus from 6 p.m.–3:30 a.m. daily.

**“Who You With?”**: Spirit call for Vanderbilt athletics, answered with “VU”

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**Vandy Alphabet Soup**

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASB</td>
<td>Alternative Spring Break</td>
</tr>
<tr>
<td>BCC</td>
<td>Black Cultural Center</td>
</tr>
<tr>
<td>GEO</td>
<td>Global Education Office</td>
</tr>
<tr>
<td>MLC</td>
<td>Multicultural Leadership Council</td>
</tr>
<tr>
<td>MRB III</td>
<td>Medical Research Building III</td>
</tr>
<tr>
<td>OACS</td>
<td>Office of Active Citizenship and Service</td>
</tr>
<tr>
<td>PCC</td>
<td>Psychological and Counseling Center</td>
</tr>
<tr>
<td>SLC</td>
<td>Student Life Center</td>
</tr>
<tr>
<td>VPAC</td>
<td>Vanderbilt Performing Arts Council</td>
</tr>
<tr>
<td>VPB</td>
<td>Vanderbilt Programming Board</td>
</tr>
<tr>
<td>VSG</td>
<td>Vanderbilt Student Government</td>
</tr>
<tr>
<td>VUPD</td>
<td>Vanderbilt University Police Department</td>
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**Commons Alphabet Soup**

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>CLC</td>
<td>Commons Leadership Council</td>
</tr>
<tr>
<td>FHOH</td>
<td>Faculty Head of House</td>
</tr>
<tr>
<td>HAC</td>
<td>House Advisory Council</td>
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</table>
SCHOLARSHIP is the pursuit of knowledge in an environment of academic freedom. Members of our community engage in a partnership of learning in which the exploration of ideas is encouraged and protected.

HONESTY is a commitment to refrain from lying, cheating, and stealing. Recognizing that dishonesty undermines community trust, stifles the spirit of scholarship, and threatens a safe environment, we expect ourselves to be truthful in academic endeavors, in relationships with others, and in pursuit of personal development.

CIVILITY is the genuine respect for the rights of others. We value constructive disagreement and are mindful of the potential impact of our words and actions.

ACCOUNTABILITY is taking responsibility for our actions and their consequences. We accept the duty to actively participate in the decisions that affect our academic and personal lives, and we honor our commitments to ourselves and to others.

DISCOVERY is the exploration of the wonders of self in relation to a larger world. We embrace the opportunity to take risks, challenge assumptions, and understand disparate experiences at Vanderbilt and beyond.

CELEBRATION is the active appreciation of Vanderbilt University’s tradition of excellence. We support the endeavors and recognize the achievements of our community members. In celebrating the expressions of our differences, we delight in the spirit that unites individuals throughout our community.

CARING is the concern for the well-being and dignity of others. We are dedicated to supporting one another within our community. We make a lifelong commitment to channeling service, knowledge, and experience toward the betterment of humanity.

ALMA MATER
(1907) Words by Robert F. Vaughn

On the city’s western border
Reared against the sky
Proudly stands our Alma Mater
As the years roll by.

(Refrain)
Forward ever be thy watchword,
Conquer and prevail.
Hail to thee our Alma Mater,
Vanderbilt, all hail!

Cherished by the sons and daughters
Mem’ries sweet shall throng
Round our hearts, O Alma Mater,
As we sing our song.

(Refrain)
Forward ever be thy watchword,
Conquer and prevail.
Hail to thee our Alma Mater,
Vanderbilt, all hail!
Finding Rooms in Stevenson

First Digit = Building
Second Digit = Floor
Third and Forth Digits = Rooms

Hence, this room would be in building 5 (Science and Engineering) on Floor 2, Room 15.

Numbers to Know

Vanderbilt Directory Assistance
(615) 322-7311

Barnes & Noble at Vanderbilt Bookstore
(615) 343-2665

Bishop Joseph Johnson Black Cultural Center
(615) 322-2524

Center for Student Wellbeing
(615) 322-2728

Dean of The Ingram Commons
(615) 322-4948

Dean of Students
(615) 322-6400

Equal Opportunity, Affirmative Action, Disability Services
(615) 322-4705

Financial Aid
(615) 322-3591

Housing and Residential Education
(615) 322-2591

International Student & Scholar Services
(615) 322-2753

LGBTQI Life
(615) 322-3330

Margaret Cuninggim Women’s Center
(615) 322-4843

Project Safe Center
(615) 322-7233 (24/7 crisis hotline)
(615) 875-0660 (office)

Psychological and Counseling Center
(615) 322-2571

Student Accounts
(615) 322-6693

Student Health Services
(615) 322-2427

Ticketmaster (Sarratt Student Center)
(615) 343-3361

Transition Programs
(615) 322-0307

University Chaplain & Religious Life
(615) 322-2457

Vanderbilt Police
(615) 322-2745 (Non-Emergency)
(615) 421-1911 (Emergency)
(615) 322-7846 (Victim Services)

Vandy Vans/Safety Escort
(615) 421-8888

ENROLL IN SafeVU

SafeVU is a free app that lets you connect directly from your cell phone to VUPD. You can also submit non-emergency reports to VUPD with text, photos, or videos; access information about the Vandy Vans; and view the VUPD emergency guides. To sign up, go to police.vanderbilt.edu/services/safevu.php.